

# YOUR OPINION COUNTS



The Council needs to save an estimated £65million over the next four years, and every service will be under review. Over the past few months, as part of the 'Make your opinion count' budget conversation, 2,000 of you have told us what your priority service areas are, and where you think budgets should be cut back. We want to tell you about how we are responding to your views.

The findings show that your priorities are clean streets, improving the safety of our

community, and protecting vulnerable people, while making sure every penny of Council money is spent wisely.

Many of you sent money saving suggestions, and there were high levels of support for work to make things more efficient – like improved ways of buying things and shared services.

Whilst we had to act quickly to set a legal budget for 2011-12, you will see that your priority areas are reflected in the choices made about investments and savings.

You can find more information on the budget conversation results by visiting [www.walthamforest.gov.uk/makeitcount](http://www.walthamforest.gov.uk/makeitcount). We will continue to listen to your views.

# Your priorities, our priorities

While the Council is having to make tough financial decisions, we also want to protect and invest in those services that are most

important to our community. Here you can see the work we are doing on your priority areas, and how the budget for 2011-12 will affect them.

As we know it is important to our residents, council tax will remain the same for another year, with a zero per cent increase.

## Clean streets



Photo above: The McKay family, Leytonstone, E11

Sarah and her family (pictured above) told the Council that clean streets really matter.

Sarah said: "I think it is really important to have clean streets and green spaces that everyone can enjoy. It can affect your whole wellbeing if the place you live in is dirty and there are no clean spaces for children to play and nowhere for people to enjoy."

We know that the majority of our residents care about clean streets, and we are continuing our crackdown on enviro-crime.

Just some of the work we have done in this area includes clearing more than 2,000 dirty front gardens since October 2010, receiving our lowest ever number of fly-tipping reports in December 2010, as well as prosecuting 130 enviro-crime offenders and taking thousands of enforcement actions since the campaign began in 2009.

We are also looking to improve street cleansing and recycling in the next year, and have made a promise to continue with weekly bin collections for at least the next three years.

### In 2011-12 we are spending more on your priorities, including:

- £500,000 extra per year to pay for more street cleaning
- £165,000 extra per year to clear up dirty front gardens
- £200,000 extra per year for recycling



## CONTACT US

If you would like more information please contact us • Phone: 020 8496 3000  
• Email: [consultation@walthamforest.gov.uk](mailto:consultation@walthamforest.gov.uk) • Visit: [www.walthamforest.gov.uk/makeitcount](http://www.walthamforest.gov.uk/makeitcount)



Waltham Forest  
It's happening here

## Half term activities

Your guide to holiday activities for children and young people. See centre pages for full details.



Waltham Forest

# Waltham Forest News

Your Council keeping residents informed

[www.walthamforest.gov.uk](http://www.walthamforest.gov.uk)

Issue 39, 21 March 2011

## Respond to 2011 census

It is essential that everyone in the borough does the 2011 census and helps secure funding for vital services like street cleaning

In the last issue of Waltham Forest News you will have read about the 2011 Census, which takes place on Sunday 27 March.

The Office for National Statistics (ONS) will send a census questionnaire to every home in the borough and it is your duty to fill in the form and send it back.

Waltham Forest Council relies on census population statistics to get the government funding needed to provide services like schools, refuse and recycling, roads, leisure facilities and much more. How much money the Council gets is directly related to how many people the census says live in our area. For every person that does not respond the Council could lose up to £500 per year in funding.

The Council has just set its budget for 2011-12, and has to make savings of at least £65 million over the next four years. Every Council service will be affected in some way. You can read more about the budget on page two and three.

Not responding to the census could mean even less money for services in the future and make a very real difference to people's lives. That's why everyone has to take part and it is essential that you respond.



Fill in the 2011 Census and help the Council get funding for things like clearing up dirty front gardens.

The census takes place every 10 years and asks questions about work, health, national identity, ethnic background,

picture of today's society.

All you need to do is answer a few questions about yourself and the people you live with.

protected by law.

You can do the census online or by post, but you must do it.

**For every person that does not respond to the census the Council could lose up to £500 per year in funding.**

language, education, marital status and more. The answers received are used to build a

Everything you tell the census is in strict confidence and all personal information is

### More info

If you need any help filling out the census, or have not received a questionnaire, phone the census helpline on **0300 0201 101**.

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## We are improving your recycling service.

Find out about changes to your recycling service on pages 6 and 7  
[www.walthamforest.gov.uk/recycling](http://www.walthamforest.gov.uk/recycling)

recycle  
for Waltham Forest



Waltham Forest

# News

## In my opinion

### George Eraclides

Student, Chingford



In our continuingly progressing society, where we are encouraged to plan for the future and make the best of ourselves, students like me are forever worrying about our futures.

Which direction should we take? What's the next step?

Which option would be best? Many people my age are at the stage where we are doing A Levels, BTECs or diplomas and the question arrives: what am I going to do at university?

I can't help but think to myself are many of us going to university because we want to, or because we are expected to? Of course going to university is an amazing experience and opportunity to learn, but it is also a huge decision and one that will affect our lives in many ways.

#### "Are many of us going to university because we want to, or because we are expected to?"

At this moment in time, as if we were not on edge enough, university fees are set to go up to around £9000 annually. We have all seen the outrage of many students, as well as teachers, at protests because of how hard it will be for some students to carry on in that direction. Noticing what was going on around me I had to think if this change might push lots of us in another direction? In my opinion university isn't always the 'right' way to go.

Are all the pressures from parents, school, college, and the media not allowing us to think about what we really want, what actually makes us happy? Surely we have other aspirations we want to pursue before going ahead with this major decision to spend so much money on our education?

Maybe we should look at the long term. After coming out of university you will want to start working and paying back the money you have borrowed, which means you may not get the chance to do other things you planned. Are we so blinded by the fear of being branded a failure that we take the 'normal' route, just to wind up in debt at the ripe 'old' age of thirty?

I think it should depend on what is right for the individual, rather than what is 'normal'. University isn't going anywhere, and who knows, fees may lower in a few years. So perhaps we should be thinking about what is normal for us and make our own decisions, rather than what we think will please other people?

#### Want to have your say?

If you live or work in Waltham Forest, have something you'd like to get off your chest, and can do it in around 300 words; Waltham Forest News wants to hear from you. Email the Editor at: [walthamforestnews@walthamforest.gov.uk](mailto:walthamforestnews@walthamforest.gov.uk) and tell us what you'd like to write about.



An extra £500,000 will be spent on more police officers for the borough

## Council agrees budget

- Council makes big savings to deal with government funding cuts and other financial pressures**
- No council tax increase and extra cash for services residents say are most important to them**

### Fact file

- The Council is saving £1.1 million in the cost of senior managers.
- Councillors' pay has been cut by 5%.
- Council staff have had their pay frozen.
- The Chief Executive's salary has been cut by 10%.
- The Council is sharing services with other councils to save money.

### Extra investments include:

- £500,000 more for cleaner streets,
- £500,000 to buy extra permanent police officers,
- £350,000 for anti-gangs work,
- £165,000 to clear up dirty front gardens,
- £200,000 extra per year to open schools for summer activities.

One of the toughest budgets in the history of Waltham Forest has been agreed by the Council.

A package of savings was agreed at a meeting of the full Council on Tuesday 8 March. It will help save £65 million over the next four years to deal with the impact of significant cuts in government funding and other financial pressures like inflation and the increasing cost of caring for the older population.

While the Council has agreed to keep Council Tax at its current level for the next

year, and there has been investment in areas residents said were their priorities, the savings will affect every aspect of the Council's operations.

Some services will stop while others will be reduced. Around 470 Council jobs will be lost in the next two years.

### More info

To find out more about the budget visit [www.walthamforest.gov.uk/budget-2011-12](http://www.walthamforest.gov.uk/budget-2011-12). Free internet access is available in all the borough's libraries.

## Waltham Forest News

**Editor:** Jenny England

Waltham Forest News wants to hear from people in the local community. If you have a story that you'd like us to cover, email [walthamforestnews@walthamforest.gov.uk](mailto:walthamforestnews@walthamforest.gov.uk) or call 020 8496 3000.

**Advertising and promotional enquiries:**

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# Maintaining services

- Council will safeguard vital services despite funding cuts**
- Budget focuses on protecting the most vulnerable people**

**Despite having to find savings of over £65 million over the next four years Waltham Forest Council is protecting the most vulnerable members of society in its budget.**

There will be big changes to the way many services are being provided with some being stopped altogether

and others significantly scaled down.

Because of the unprecedented scale of the cuts the council asked residents for their views in the Make it Count conversation launched in October 2010. Local people were asked what services they thought the Council should spend money

on and how it should save £65 million.

The results showed that residents' top priorities are community safety, clean streets and making sure that every penny of Council money is spent wisely. These priorities are reflected in the investments made in the budget and in the decisions made about where

to save money.

Waltham Forest Council Leader, Cllr Chris Robbins, told Waltham Forest News: "We're being forced to make some really tough decisions and we asked residents to tell us what their priorities were so we could protect the services people said are most important to them.

"But the truth is we've had to look at extensive savings across all services and take decisions on where our limited money can be spent.

"Although in social care we have been able to save money by changing the way we deliver services, the severity of these cuts means we have been forced to focus our resources on our most vulnerable children and adults."

One example of the way the council is providing services in a new way is the Youth Support Service.

In future, Waltham Forest will provide a number of activities for young people through a range of organisations in the borough. In addition, the Council will ensure that the most vulnerable young people are provided with supportive services.

A new programme will invest £650,000 a year in activities for these children and the voluntary sector will be asked to provide targeted services for groups including disabled children, those in care, teenage parents and young people not in education, training or employment.

Other young people will be able to access leisure facilities during the summer holidays when schools open their doors. A further £150,000 has been set aside for activities for young people this year.



Waltham Forest Council will be protecting services like street cleaning

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## Leader's view

### Cllr Chris Robbins

Leader - Waltham Forest Council

**This month**  
**Waltham Forest Council reluctantly agreed a budget containing the biggest package of savings we've ever had to introduce in Waltham Forest.**



Massive cuts in funding and increasing financial pressure mean that Waltham Forest must make savings of £28.9million next year and another £16 million the year after.

These cuts are going to affect all areas of the Council and I'm not going to pretend they won't hurt. Some really valued services will have to change or end and council workers are going to lose their jobs.

There has been talk of the Council refusing to set a legal budget. Even though I and my colleagues believe that the government's cuts are too deep and too quick, we had to deliver them as responsibly as possible and set a legal budget or we ran the risk of the government coming to Waltham Forest and setting a budget for us.

Nobody wanted that to happen because we wanted to protect the services residents value the most. While we have had to pass on some of the toughest cuts ever, we will continue to invest money in services you have told us are most important - like buying extra police officers, opening schools for the summer and paying for more street cleaners.

Not only are we facing a massive cut in government funding but we've also got to deal with inflation, the growing bill for caring for older residents and increases in taxes we have to pay.

We are doing our bit to lower costs by cutting the numbers of senior managers at the Council and saving £500,000 a year for the next four years by reducing Councillors' allowances and support.

But most of the Council's budget is spent on social care for children and adults - not back office staff or senior managers' pay, so in every area we are trying to be more efficient rather than target front line services.

We're saving as much money as we can by sharing services with other Councils, but unfortunately the cuts will still have an effect on the whole community with some services stopped and others reduced or done differently.

Where we have to cut services we will ensure the money we spend is focussed on the priorities you have said are most important.

## Get involved

I'd like to hear from you. I have a page on the website where you can get more information and email me [www.walthamforest.gov.uk/leader](mailto:www.walthamforest.gov.uk/leader) and you can write to me at the town hall.

# News

## In brief

### Treading the boards

Theatre lovers will be treated to a fantastic double-bill on Saturday 26 March with a rare performance of Tennessee Williams' play 'And Tell Sad Stories Of The Deaths Of Queens' – a drama telling the tale of transvestite Candy Delaney – followed by 'The Chosen Few', an original comedy by Carol Hayes. The performances come as the Waltham Forest Festival Of Theatre draws to a close, highlighting the theatrical talent of local performers and those from further afield. The event will be held at Chingford Assembly Hall (Station Road, Chingford E4 7EN) from 7.30-10pm. Tickets are £7 (£4 concessions) and advance booking is required.

- For more information or to book tickets visit [www.walthamforestfestivaloftheatre.co.uk](http://www.walthamforestfestivaloftheatre.co.uk) or phone 07504 162331.

### New band members needed

The Waltham Forest Pipe Band are calling for enthusiastic new members to join their group of keen music-makers. The band practise every Friday from 7.30-10pm at the Leyton branch of the Royal British Legion and have had the privilege of performing at high-profile events such as the War Widows parade in Whitehall and international military tattoos as well as local events and national competitions. Experience isn't necessary, so if you'd like the chance to learn the Great Highland Bagpipes or the snare, tenor or bass drum why not pop along to see what they're all about?

- For more information phone 020 8521 1775.

### Fostering information

A free fostering information session takes place on Monday 28 March where prospective foster carers can find out what it's all about from carers and the Council's fostering team. A rewarding and life-changing experience, foster carers from every background and part of the borough are needed. It's not about your age, circumstances or the size of your family, what's important is your ability to provide a home that's loving, supportive and safe. The event takes place from 6.30-8.30pm in Room 3 at Waltham Forest Town Hall, Forest Road, Walthamstow E17 3BE. Please come along if you're interested in finding out more.

- For more information on fostering or adoption, phone Waltham Forest Direct on 020 8496 3000, or visit [www.walthamforest.gov.uk/adoptandfoster](http://www.walthamforest.gov.uk/adoptandfoster)

### Chingford children's club

Kidz Klub Chingford is a free, church-led club that runs every Sunday during term time from 4-5pm at Sewardstone Church. The club is run by volunteers and offers fun, games, songs and lessons from the Bible with an emphasis on helping children make the right choices later on in life, whether it be showing respect to one another or not 'following the crowd' in getting up to no good. The club launched in October 2010 and offers a bus service which picks children up from different stops across Chingford and drops them off afterwards. The club is also interested in hearing from volunteers, so if you'd like to get involved please get in touch.

- For more information visit [www.kidzklubchingford.co.uk](http://www.kidzklubchingford.co.uk) or phone Nick Gibbs on 07973 462741.



Contestants get flipping at Waltham Forest's first ever Great Pancake Race

## Flipping well!

- Teams compete in borough's inaugural Great Pancake Race
- Race aims to raise funds for Mayor's charity and boost awareness of YMCA services

**Seven teams went head to head in the name of charity on Shrove Tuesday for Waltham Forest's first ever Great Pancake Race.**

Teams of four tested both their mettle and their culinary skills, gripping their frying pans and frantically flipping their pancakes as they raced around the Town Hall fountain in an attempt to win the coveted "Fastest Flippers in Waltham Forest" trophy.

The overall winners were Crespellas, a team of catering students at Waltham Forest College, who breezed through their heat before coming from behind to beat a team of builders in the final in a time of 2mins 11 seconds.

The event was organised by Forest YMCA, which offers youth activities that encourage personal development, hostel accommodation, care and support for homeless young people, health and fitness

and childcare services.

The event raised £70 for Cllr Masood Ahmad, the Mayor of Waltham Forest's charity which aims to purchase ultrasound equipment for Whips Cross Hospital and provide transport for the Farishteh Trust, a small local charity which offers respite care for disabled young people.

Claudio Camarda from the winning team told Waltham Forest News: "I'm very pleased we've won, I've never done anything like that before but it's for a good cause and it was a lot of fun."

As well as the winning team, other entrants included a team of councillors and council staff, builders and affiliated teams from the YMCA.

Cllr Masood Ahmad added: "I'd like to thank everyone who took part in the Great Pancake Race and helped raise money for my



Cllr Masood Ahmad, Mayor of Waltham Forest, presents winners Crespellas with their "Fastest Flippers in Waltham Forest" trophy

charity appeal.

"The event went very well and everyone had fun while doing their bit for a good cause."

YMCA hope that next year's event will be bigger and better with more local businesses and organisations taking part.

### More info

For more information about the Mayor's charity, visit [www.walthamforest.gov.uk/the-mayorality](http://www.walthamforest.gov.uk/the-mayorality). For more information about Forest YMCA visit [www.forestrymca.org.uk](http://www.forestrymca.org.uk) YMCA or phone 020 8509 4600.

# New gallery opens

- Local artist Nadiya Pavliv-Tokarska announces opening of Tokarska Gallery
- Stunning exhibition of cityscapes will be gallery's first exhibition

Waltham Forest's thriving arts community is soon to receive another boost with the opening of brand new gallery space.

Tokarska Gallery is the brainchild of local artist Nadiya Pavliv-Tokarska, whose 'Lost & Found' exhibition of original cityscape oil paintings

will mark the gallery's debut exhibition.

"I have a passion for art and a love for Walthamstow and its diverse culture, so it feels like a natural step to open a beautiful art space that the community can share and enjoy," Nadiya told Waltham Forest News. "I have experienced

an overwhelming sense of community and support from local residents and public projects and am delighted to make Walthamstow my art destination of choice."

Nadiya aims to showcase other emerging talents at the new space and will be playing an active part in the

ever-popular E17 Art Trail. "Being on the doorstep of central London we are raising and developing the creative profile of Walthamstow's artistic community as well as delivering a quality arts attraction to the city," said Nadiya. "The regeneration of East London is rapid and we are excited to be a living and organic part of that process and creating a better environment for both local residents and businesses."

## More info

'Lost & Found' will be open to the public Thursday to Saturday from 12-7pm until 28 May. You can find Tokarska Gallery at 163 Forest Road, Walthamstow E17 6HE. For more information visit [www.tokarskagallery.co.uk](http://www.tokarskagallery.co.uk) or phone 0208 531 5419.



Nadiya's own work will form the basis of Tokarska Gallery's first exhibition

## In brief

### Love your borough competition

Residents across Waltham Forest have been snapping pictures and now the winners of the Love Your Borough competitions have been chosen. Eleven-year-old Zoe Toudji demonstrated her creative flair by winning the poetry competition for her entry 'Waltham Forest, My Borough'. Her winning effort was entered by her proud mum Anetta.



Miroslav Jesensky was crowned the Waltham Forest Photographer of the Year for an atmospheric picture taken in Walthamstow Village (pictured). His entry was chosen by members of the public over more than 150 other worthy contenders. He said: "I love the Walthamstow Village area. The picture was taken with an old Russian camera from 1960 on film, which was developed by a shop on Chingford Mount Road." Each winner will receive £100 in vouchers and a pair of tickets to the Love Your Borough Awards ceremony at Walthamstow Assembly Hall on 8 April.

• To find out more about the Love Your Borough awards ceremony and the competitions visit [www.walthamforest.gov.uk/love-your-borough](http://www.walthamforest.gov.uk/love-your-borough). Free internet access is available at all libraries in the borough.

Could you offer love, care and commitment to a child who may have had a difficult start in life? Fostering a child could be one of the most rewarding things you do.

To find out more come along to meet social workers and foster carers at our information session on

**Monday 28 March**

**at: Waltham Forest Town Hall  
(Room 3), Forest Road, Walthamstow  
E17 4JF (6.30pm-8.30pm)**

to request an information pack call

**020 8496 3000**

or to speak to the

Fostering Team directly call:

**020 8496 2479**

(9am-5pm Mon-Fri)

In Waltham Forest we believe that all kinds of people can help make a positive contribution to a child's life. So whatever your culture, race, religion, sexuality or marital status we would love to hear from you.

We particularly welcome enquiries from European families and families who would consider caring for sibling groups and children with disabilities.

We provide excellent support and training throughout and after the fostering process, as well as on-going training and a fostering allowance.



Alternatively, please e-mail [susan.buckman@walthamforest.gov.uk](mailto:susan.buckman@walthamforest.gov.uk) or visit [www.walthamforest.gov.uk/adoptandfoster](http://www.walthamforest.gov.uk/adoptandfoster)

# Our Environment

## In brief

### Lights out for Earth Hour

What does Waltham Forest Town Hall have in common with the Eiffel Tower and the Pyramids of Egypt? The answer is that along with other Council buildings it will be turning off its lights at 8.30pm for Earth Hour on Saturday 26 March. Earth Hour is the world's largest statement on climate change and aims to raise awareness of the subject. Last year's event was the biggest ever, with a record 128 countries and territories joining the global display of climate action. Iconic buildings and landmarks all over the world switched off their lights to help save energy. So why not take part this year to show your commitment to tackling climate change?

- For more information visit [www.wwf.org.uk/earthhour](http://www.wwf.org.uk/earthhour). Free internet access is available at all libraries in the borough.



### Gum gone

Fifty special bins to help residents dispose of their chewing gum and cigarette butts in a clean and hygienic manner will be springing up around Waltham Forest. So far ten chewing gum and cigarette butt bins have been paid for by Kier Street Services as part of the 'Wiping out enviro-crime' campaign, in an attempt to reduce the amount of chewing gum and cigarette butts dropped on the borough's streets. The bins are attached to lampposts which makes it even easier to dispose of your gum once you're done with it. Chewing gum that is stuck to pavements is incredibly difficult to remove, requiring the use of a purpose built machine and trained operators to get rid of the sticky menace.

- To find out more about the 'Wiping out enviro-crime' campaign visit [www.walthamforest.gov.uk/wipeitout](http://www.walthamforest.gov.uk/wipeitout). Free internet access is available at all libraries in the borough.

### Climate Change Week

Make something funky and functional during Climate Change Week with the help of Forest Recycling. The organisation, based at the Reuse Centre at 2c Bakers Avenue in Walthamstow, wants residents to bring in their old floppy disks during Climate Change Week so they can show people how to convert them into something useful. Climate Change Week takes place between 21-27 March. The Reuse Centre also offers low cost paint, toys, household goods, electrical items and other goods for sale. Climate Change Week aims to highlight the good work being done to tackle climate change while encouraging people to redouble their recycling efforts in the coming year.

- For more information phone Brian on 020 8539 3856 or email [info@frponline.org.uk](mailto:info@frponline.org.uk).



Residents can recycle more plastics including yogurt pots, tetra paks and food tubs from Monday 11 April

## Recycling improvements

- Residents will be able to recycle more plastic including all food and drink packaging from Monday 11 April
- Improvements to the recycling service will make recycling easier for residents

**Major changes are being made to the way recycling is collected in Waltham Forest to reduce the amount of rubbish that gets sent to landfill.**

From Monday 11 April the range of items which can be recycled will now include more plastic materials.

Waltham Forest Council's Cabinet Member for Environment, Cllr Clyde Loakes, told Waltham Forest News: "Nearly 70 per cent of residents have told us they want to recycle more materials. Food and drink packaging is one of the most common things that people put in their black wheelie bin and it is fantastic that residents can now recycle them instead.

"We really appreciate the effort residents have made in trying to maximise the

amount they recycle and these changes are about helping them do even more.

By increasing the range of materials residents can recycle, we want

to decrease the amount of waste that goes to landfill."

Your recycling will be taken to a special site called a materials recovery facility where the different types of recycling are separated. The Council will continue to have weekly refuse collections.

Residents should keep an eye out for a recycling information pack which will be delivered to all homes soon.

### Fact file

- From Monday 11 April you can recycle food and drink cartons, tetra pak, yogurt pots, margarine tubs, plastic bags and magazine wrappings.
- To help cope with the extra recycling these changes will produce, the Council will distribute green recycling wheelie bins during the autumn and winter.
- While you wait for your wheelie bin you should continue to use your existing recycling container and put any extra recycling in clear plastic bags next to it.
- Recycling will be collected as mixed recycling. This means you don't have to separate your different types of materials.
- New mixed recycling vehicles will be used and all materials will be put in one compartment, rather than separated at the kerbside.



### More info

To find out more about recycling phone Waltham Forest Direct on 020 8496 3000 or visit [www.walthamforest.gov.uk/recycling](http://www.walthamforest.gov.uk/recycling)

# From Monday 11 April you will be able to recycle more plastic.

You told us you wanted to be able to recycle a wider range of materials, so we have included more plastics (which includes all food and drink packaging) as part of a drive to improve your service.

Additional items include:

- Food and drink cartons/tetra pak
- Yogurt pots and margarine tubs
- Plastic bags and magazine wrappings

**Look out for an information pack coming through your door soon.**

For more information contact Waltham Forest Direct on **020 8496 3000** or visit [www.walthamforest.gov.uk/recycling](http://www.walthamforest.gov.uk/recycling)



## You can now recycle these items from your home



Paper and cardboard



Food and drink cans



Glass bottles and jars



Plastic bottles



Tetra pak and cartons



Plastic bags



Yogurt pots and margarine tubs

# What's On

## Sports and fitness

### The Great Enfield Daffodil Ride

Sunday 27 March, meet at 9am. Walthamstow Town Square, outside the library.

Get your bike out and join WF Cyclists for a leisurely guided ride through some of the finest Enfield parks to see daffodils in bloom. Expected return 3pm. 25 miles at easy pace. Bring a packed lunch or eat in the café at Trent Country Park.

For more information email mat@wfcycling.org.uk



### Tang Soo Do

Wednesdays, 6.30-8pm, Saturdays 10am-12 noon.

Wednesday - St Andrews Church Hall, 153 Colworth Road, E11 1JD. Saturday- Leyton Parish Church Hall, Lindley Rd, E10 6QT.

Traditional Korean Martial Arts for all ages. £4 per class.

Email mr.mislam@gbtsda.com or phone 07989 338879 to find out more.

### Total Body Toning

Tuesdays and Thursdays, 7-8pm. North Chingford Methodist Church, Station Rd.

An uplifting full body resistance workout to tone, strengthen and burn calories. Includes a warm-up, use of weights, bodybars, gliding discs, rubber tubing, followed by a floorwork and stretching section. Taught to motivating music.

Please phone Lucilla on 07956 695077, email lucilla@onestopfitness.co.uk or visit www.onestopfitness.co.uk

### Tai Chi classes

Thursdays, 7.30-9pm.

The Studio, Waltham Forest Pool and Track, Chingford Road, Walthamstow E17 5AA.

A friendly tai chi class suitable for adults of all abilities. The syllabus includes: relaxation exercises, body conditioning, forms, meditation, and self defense. Beginners welcome - just drop in.

For further details visit our website: [www.absolutetaichi.co.uk](http://www.absolutetaichi.co.uk)

### Yoga for Pregnancy

Mondays, 6.45-7.45pm.

Classes running in Walthamstow Village, just off Oxford Road and are suitable for women from 16 weeks pregnant to birth. Classes run as a course and booking is essential. For more information/to book please phone Sam on 07733 330171 or email samwood44@hotmail.com.

### West Essex Ramblers

Days and times vary.

We are a friendly group with four walks a week on Wednesday, Thursday, Saturday and Sunday. Walks take place both in London and Countryside and vary in length. We also offer coach rambles and holidays. Sorry, no dogs.

For a free sample programme phone 020 8502 1628 or visit [www.westessexramblers.org.uk](http://www.westessexramblers.org.uk)

### Pilates class

Wednesdays, beginners 6.30pm and general level 7.30pm.

Leyton Parish Church Hall, Lindley Rd.

Pilates for all levels and abilities. £40 for a block of six classes. Booking essential. Improve posture, strength, flexibility, coordination, balance and general well-being. Highly experienced teacher.

Please contact Alison Bray at [alison@abpilates.co.uk](mailto:alison@abpilates.co.uk) or on 07976 4047983.

### Blackhorse and Standard Women's Morris Dance

Most Wednesdays, 8-10pm.

St Gabriel's Family Centre, Havant Road (off Wood Street) Walthamstow E17.

Blackhorse and Standard Women's Morris dancers practice weekly during term time at St Gabriel's Family Centre. New Members always welcome, no experience necessary. See [www.blackhorseandstandard.org.uk](http://www.blackhorseandstandard.org.uk) or ring 020 8527 2926 for further information.

### Zumba with Stephanie

Every Tuesday, 8pm and every

Thursday, 11am.

Forest YMCA, Forest Road, Walthamstow.

Zumba is an exercise class based on Latin dance and rhythms from around the world. Class cost £5 per session.

For more information email [stephanieszumba@hotmail.co.uk](mailto:stephanieszumba@hotmail.co.uk)

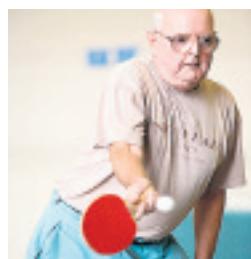
### Hawks Cricket Club

Saturdays and Sundays, from 4pm.

Jubilee Sports Ground, Highams Park, E4 9RZ.

We have two teams that play in the Essex League (sponsored by Lords International) on Saturdays and two teams that play on Sundays in the Essex Sunday League as well as in friendlies and cup competitions. We are looking for players for next season and would like to start an under 11 colts team. We train at the Peter May Sports Centre every Saturday from 4-6pm.

For more information email [charlie.browne@hotmail.co.uk](mailto:charlie.browne@hotmail.co.uk)



### Aikido - the Japanese art of self defence

Tuesdays and Fridays, from 6.30pm.

The Village Drop In, West Avenue (near Oxford Road), E17 9QN.

Aikido is suitable for both men and women regardless of age, size etc. Beginners are always welcome. Aikido does not rely on strength or aggression, it is a discipline so is non competitive. Why not come and watch a class and see if it's for you? For more information visit [www.londonaikido.co.uk](http://www.londonaikido.co.uk) or phone Steve on 07838 387057.

### Fitness for Fun

Every Thursday, 8-9pm.

Kelmscott Leisure Centre, Markhouse Road, E17.

Play team sports like basketball and korfball non competitively. You'll have fun and get fit without even trying. Friendly, mixed bunch of adults of all ages and abilities. First session is free, regular players share the cost of court hire. Call Bruce on 07786 066383 for more information.

### Love 2 Walk

Starts Tuesday 29 March, days and time vary.

For people that are focused on losing weight and staying healthy! Light stretch, slow and normal pace sessions, gym work in the park and a cool down. Meet in Ridgeway Park gym area, off Peel Close, E4 6XU (weather permitting). Wear comfortable clothing and trainers. £2 a session.

For more info phone Dawn on 07957171341, email [blacnblanc@live.co.uk](mailto:blacnblanc@live.co.uk) or visit [www.blacnblanco.co.uk](http://www.blacnblanco.co.uk).

### Tell us what's on

walthamforestnews@  
walthamforest.gov.uk

### Clubs and community

### Craft Fair in aid of the Poppy Appeal

Saturday 26 March 2011, 11am.

Chingford Royal British Legion, Hall Lane, Chingford, E4 8HW. Sellers can book a table in advance for £5 or pay £7 on the day. Entrance fee for buyers is 20p. Refreshments available.

Contact Emma for more details 0795 847 9305.

### College Amateur Operatic Society

Rehearsals on Tuesdays and Thursdays, 7.30-10pm

CAOS are a friendly musical society based at Waltham Forest College. We are looking for new members to take part in our 7 to 9 July production of "Bugsy Malone" at the Kenneth More Theatre, Ilford. If you enjoy singing and/or dancing, please contact Doreen on 020 8539 9474, email [damedoreen@yahoo.co.uk](mailto:damedoreen@yahoo.co.uk) or visit [www.collegeoperatic.co.uk](http://www.collegeoperatic.co.uk).

### Miniature steam and electric train rides

Every Sunday from 3 April until 25 September, 2- 5.30pm

Ridgeway Park, Peel Close, off Old Church Road, Chingford E4 6XU.

Miniature steam train rides at Ridgeway Park every Summer Sunday and Bank Holiday Monday afternoon. During the school summer holidays, train rides are also available on Wednesday afternoons. Great for Children and grown ups alike. Train rides are available at 50p or £1 per person, depending on the train track in use. For more information visit [www.chingford-model-engineering.com](http://www.chingford-model-engineering.com) or email [chairman@chingford-model-engineering.com](mailto:chairman@chingford-model-engineering.com)

### Quiz night

Saturday 16 April, 7.30pm.

Woodford Methodist Church Hall, Derby Road, E18 2PU.

Come to a quiz night in aid of Woodford Methodist Church's Redevelopment Fund. Tables of eight welcome, but individuals can be accommodated. Tickets £10 per person includes chicken and chip (or vegetarian) supper and tea/coffee. Sorry, no alcohol allowed.

Please book in advance by Thursday 31 March.

To book phone Graham and Gillian Farnfield on 0208 527 4532.

### Nearly new table top sale

Sunday 27 March, 10am-12pm.

Walthamstow Toy Library and Play Centre, Comely Bank Clinic, 46 Ravenswood Road, E17 9LY.

Come and browse a wide selection of good quality children and adults bargain items and enjoy tea/coffee and home-made cakes. Entry 50p Children FREE.

For more info call 0208 509 3401 manager@walthamstowtoylibrary.org



### Bridge practice with tuition

Wednesdays, 2.30-4.30pm and Thursdays, 7.30-9.30pm.

Horsley Road, Chingford E4 7HX. If you have played or been taught bridge for 6 months or more these practise sessions could be for you. Card play followed by discussion on how the bidding and play could be improved. Small friendly group with a break for tea/ coffee and biscuits. Tuition given by fully qualified Bridge Instructor.

For more information visit [www.eastlondonbridge.co.uk](http://www.eastlondonbridge.co.uk) or phone Ray Green 020 8281 8376.

### Friends on Friday

Every Friday, 2.30-4pm.

Kings Road Baptist Church, Chingford, E4 7EY.

Fun, games, short Christian talk, nice cake! All welcome.

Yours in His service. For more information phone Pastor Tony Keating on 020 8529 4693 or 07956 236072.

### Mothering Sunday roast lunch

Sunday 3 April, arrive for 1pm.

The Hornbeam Cafe, 458 Hoe Street, E17 9AH.

Delicious Veggie Sunday Roast lunch. Two courses- Mile High Pie with roast potatoes, seasonal vegetables and gravy, followed by pudding. £8 for adults, £5 for children -Booking is essential and payable in advance.

Phone 020 8558 6880, visit [www.hornbeam.org.uk](http://www.hornbeam.org.uk) or email [info@hornbeam.org.uk](mailto:info@hornbeam.org.uk) to book.

### Tell us what's on

Call 020 8496 3000

### Culture and crafts

### Coach and Horses Blues Jam

Every Wednesday, 8.30-11.30pm. The Coach and Horses, 391 High Road, Leyton E10 5NA.

A live blues jam featuring guests, regulars and house band musicians. Probably the best blues jam in east London and Essex. All welcome. Singers and Drummers especially welcome. Entrance costs £2 for listeners and £1 for musicians. For more information visit [www.coachandhorsesbluesjam.com](http://www.coachandhorsesbluesjam.com), phone Terry on 020 8502 0351 or Stevie on 07866 027546 or email terence.duggan@virginmedia.com.

# Easter Daze

**See  
inside**

for play schemes,  
events, activities and  
entertainment



Activities for Children  
Under 5



Activities for Children  
5 plus



Activities for Children  
and Young People 11-19



Activities for All Ages



Waltham Forest  
It's happening here

Looking for something to do during the  
**Easter** break?

Please check on the Children and Young People's Directory calendar  
for what is going on in the borough every day, including half-term:  
[www.walthamforest.gov.uk/cypd](http://www.walthamforest.gov.uk/cypd)



Waltham Forest

# Activities for Children Under 5

## Acacia Children's Centre Holiday Activities

0 – 5 Years  
Wednesday 13th to Thursday 21st April 2011  
2pm to 4pm

**Acacia Children's Centre**  
**Cecil Road**  
**Leytonstone**  
**E11 3HE**

Free art and craft activities, bikes and fun in the park for children aged less than 5 years and their brothers and sisters. All children must be accompanied by an adult.

[www.acaciachildrenscentre.gov.uk](http://www.acaciachildrenscentre.gov.uk)

Free

Anna Rinaldi  
020 8496 2961  
[anna.rinaldi@walthamforest.gov.uk](mailto:anna.rinaldi@walthamforest.gov.uk)

## Redwood Pre-School Holiday Playscheme

2 – 7 Years  
Monday 11th April to Thursday 21st April 2011  
9.30am to 4.30pm  
Breakfast club from 8am  
Teatime club to 6pm

**Redwood Pre-School**  
**The Bell Centre**  
**3 Holloway Road**  
**Leytonstone**  
**E11 4LD**

Redwood holiday play schemes offer a caring and safe environment for all children focused on fun! We provide a wide variety of activities which reflect the age range and diversity of the children who attend.

£17.50 All day provision for 3 - 7 years  
£2.50 Breakfast and teatime clubs  
£21 All day provision for 2 years  
£3 Breakfast and teatime clubs  
020 8539 8559  
[redwoodpreschool@btconnect.com](mailto:redwoodpreschool@btconnect.com)

## Easter Holiday Event

3 – 5 Years  
Tuesday 19th April 2011  
10.30am to 11.30am

**Hale End Library**  
**Castle Avenue**  
**Highams Park**  
**E4 9QD**

Easter crafts and stories.  
Free  
020 8496 1050  
[wflibraries@walthamforest.gov.uk](mailto:wflibraries@walthamforest.gov.uk)

## Easter Craft Activities

3 - 5 Years  
Monday 18th April 2011  
11am to 12pm

**Harrow Green Library**  
**Cathall Road**  
**Leytonstone**  
**E11 4LF**

Easter card making, songs and rhymes.  
Free  
Razia Ishaq  
020 8496 1063

## Walthamstow Toy Library Eggciting Easter Activities

0 – 5 Years  
Monday 11th to Thursday 21st April 2011  
10am to 12pm  
Tuesday 12th & 19th April 2011  
1.30pm to 3.30pm (under 18 months)

**Walthamstow Toy Library & Play Centre**  
**Comely Bank Clinic**  
**46 Ravenswood Road**  
**Walthamstow**  
**E17 9LY**

Easter extravaganza with different activities each day including: making pizzas/chocolate nests, egg hunts, Miss Miranda's music time\*, story time with Mr Squash\*, planting and digging, messy play and Easter bunnies. [www.walthamstowtoylibrary.org](http://www.walthamstowtoylibrary.org)

£2.50 per session for first child and 50p for additional children

We welcome older siblings to the morning sessions.

\*These sessions are charged at £3 per child.

Families attending the centre need to sign up for a yearly membership (£4 per family).

020 8509 3401  
[manager@walthamstowtoylibrary.org](mailto:manager@walthamstowtoylibrary.org)

## Easter Card making

3 - 5 Years  
Monday 18th April 2011  
4pm to 5pm

**Higham Hill Library**  
**North Countess Road**  
**Walthamstow**  
**E17 5HS**

Craft activities.  
Free  
020 8496 1173  
[wflibraries@walthamforest.gov.uk](mailto:wflibraries@walthamforest.gov.uk)

## Small World & Soft Play

0 - 8 Years  
Wednesday 13th April 2011  
9.30am to 11.30am & 1pm to 3pm

**Chingford Hall Children's Centre**  
**4 Burnside Avenue**  
**Chingford**  
**E4 8YJ**

Climb, explore, play and learn with soft play, dolls and dinosaurs. Discover the home and shop corner.  
£1.50 per family  
020 8527 7310

## Outdoor play

0 - 8 Years  
Thursday 14th April 2011  
9.30am to 11.30am & 1pm to 3pm

**Chingford Hall Children's Centre**  
**4 Burnside Avenue**  
**Chingford**  
**E4 8YJ**

Come along and get creative with our outdoor play area.  
£1.50 per family  
020 8527 7310

## Fun with Fruit!

0 - 8 Years  
Friday 15th April 2011  
9.30am to 11.30am & 1pm to 3pm

**Chingford Hall Children's Centre**  
**4 Burnside Avenue**  
**Chingford**  
**E4 8YJ**

Explore new ways of eating fruit. Fruit tasting, smoothie and fruit kebab making.  
£1.50 per family  
020 8527 7310

## Arts and Craft

0 – 8 Years  
Monday 18th April 2011  
9.30am to 11.30am & 1pm to 3pm

**Chingford Hall Children's Centre**  
**4 Burnside Avenue**  
**Chingford**  
**E4 8YJ**

Come along and get creative with our Arts & Crafts!  
£1.50 per family  
020 8527 7310

# Activities for Children Under 5

## Messy Play

0 – 8 Years  
Tuesday 19th April 2011  
9.30am to 11.30am & 1pm to 3pm  
**Chingford Hall Children's Centre**  
**4 Burnside Avenue**  
**Chingford**  
**E4 8YJ**  
Join the fun with painting, water, glitter, spaghetti and jelly (remember your wellies!).  
£1.50 per family  
020 8527 7310

## Join the Party!

0 - 8 Years  
Wednesday 20th April 2011  
9.30am to 11.30am & 1pm to 3pm  
**Chingford Hall Children's Centre**  
**4 Burnside Avenue**  
**Chingford**  
**E4 8YJ**  
Fun with songs and movement with the music.  
Bring in your favourite song.  
£1.50 per family  
020 8527 7310

## Easter Celebration

0 – 8 Years  
Thursday 21st April 2011  
9.30am to 11.30am & 1pm to 3pm  
**Chingford Hall Children's Centre**  
**4 Burnside Avenue**  
**Chingford**  
**E4 8YJ**  
Easter egg hunt and outdoor party.  
£1.50 per family  
020 8527 7310

## Tots Water World

0 – 5 Years  
Saturday 9th to Monday 25th April 2011  
Monday, Wednesday & Friday  
12pm to 1.30pm

**Cathall Leisure Centre**  
**Cathall Road**  
**Leytonstone**  
**E11 4LA**

A play session for parents and children in the water, accompanied by a qualified instructor. Sessions include playing games, singing and enjoying the water environment.

£4.05 Non Members  
£3.45 Pay and Play Members  
£1.95 Concessionary Members  
Free Prepaid Members  
020 8539 8343

## Tots Water World

0 – 5 Years  
Wednesday 13th & 20th April 2011  
Friday 15th & 22nd April 2011  
12pm to 12.30pm & 12.30pm to 1pm

**Larkswood Leisure Centre**  
**New Road**  
**Chingford**  
**E4 9EY**

A play session for parent and child in the water, accompanied by a qualified instructor. Sessions include playing games, singing and enjoying the water environment.

£4.25 Non Members  
£3.65 Pay and Play Members  
£1.95 Concessionary Members  
Free Wellness Prepaid Members  
020 8523 8215

## Tots Water World

6 Months – 5 Years  
Wednesday 13th & 20th April 2011  
10.30am to 11.30am

**Leyton Leisure Lagoon**  
**763 High Road**  
**Leyton**  
**E10 5AB**

A play session for parent and child in the water, accompanied by a qualified instructor. Sessions include playing games, singing and enjoying the water environment. [www.gll.org](http://www.gll.org)

£4.25 Non Members  
£3.65 Active Wellness Pay and Play Members  
£1.90 Active Wellness Concessionary Members  
Free Wellness Prepaid Members  
020 8558 8858

## Toddlers World

6 Months – 5 Years  
Tuesday 19th April & Thursday 21st April 2011  
12pm to 4pm  
Saturday 23rd April 2011  
12.30pm to 2.30pm

**Waltham Forest Pool & Track**  
**170 Chingford Road**  
**Walthamstow**  
**E17 5AA**

A large area with brightly coloured soft play equipment which will stimulate a toddler's growing mind. Meeting new people and being in a new environment means it's a sociable adventure for children aged under 5.

£4.20 Non Members  
£3.45 Wellness Pay and Play Members  
£1.70 Wellness Concessionary Members  
Free Wellness Tots Prepaid Members  
020 8527 5431



# Activities for children aged between 5 - 10

## Easter Crafts Event

5 - 8 Years  
Tuesday 19th April 2011  
2pm to 3pm

**South Chingford Library**  
**58 Hall Lane**  
**Chingford**  
**E4 8EU**

Crafts Session.  
Free  
020 8496 1079  
wflibraries@walthamforest.gov.uk

## Childcare Solution Fun Filled Holiday Club

4 - 11 Years  
Monday 11th to Friday 22nd April 2011  
8am to 6pm

**The Asian Centre**  
**18a Orford Road**  
**Walthamstow**  
**E17 9LA**

Our holiday club is an amazing experience for children to experiment, investigate and explore. Children have the opportunity to take part in fun filled activities both on and off site. £22 per day if booked in advance  
Amanda Smith/Jennifer Simpson  
07961 018 708  
childcare.solution@tiscali.co.uk

## Easter Eggstravaganza

5 - 10 Years  
Wednesday 20th April 2011  
3.30pm to 4.30pm

**Leytonstone Library**  
**Church Lane**  
**Leyton**  
**E11 1HG**

Craft fun at Easter  
Free  
020 8496 1190  
wflibraries@walthamforest.gov.uk

## Bouncy Castle

5 - 8 Years  
Tuesday 12th & 19th & Thursday 14th & 21st April 2011  
1.30pm to 3.30pm & 3.30pm to 4.30pm

**Kelmscott Leisure Centre**  
**243 Markhouse Road**  
**Walthamstow**  
**E17 8RN**

Come and have fun on our bouncy castle.  
£1.50 per session  
Kelmscott Leisure Centre  
020 8520 7464  
Deborah.Shear@gll.org

## Kool Crew Activities

5 - 11 Years  
Tuesday 12th to Friday 15th & Monday 18th to Friday 22nd April 2011  
8.45am to 5pm

**Kelmscott Leisure Centre**  
**243 Markhouse Road**  
**Walthamstow**  
**E17 8RN**

The ultimate holiday play scheme! Children can make new friends, try new sports, win a crazy

challenge, enjoy the weeks and have lots of fun.

£14.42 per day  
£57.68 4 days  
£64.27 5 days  
020 8520 7464  
Deborah.Shear@gll.org

## London Swim School

5 - 10 Years  
Monday 18th to Friday 22nd April 2011  
(excluding Thursday)  
8.30am to 10.30am

**Leyton Leisure Lagoon**  
**763 High Road**  
**Leyton**  
**E10 5AB**

3 day beginners swimming lessons with a qualified instructor for children aged three and a half to sixteen. [www.sportscourses.org](http://www.sportscourses.org)  
£12.00  
£6.90 Concessionary  
020 8558 8858

## London Track Stars

5 - 12 Years  
Tuesday 19th to Thursday 21st April 2011  
10am to 3pm

**Waltham Forest Pool & Track**  
**170 Chingford Road**  
**Walthamstow**  
**E17 5AA**

London Track Stars is a great way to get into or improve your athletics. With tailored coaching to suit your child's needs, it is a must for Olympic wannabes! [www.sportscourses.org](http://www.sportscourses.org)  
£34 Tots/Kids/Active Wellness Members  
£25 Concessionary Tots/Kids/Active Wellness Members  
020 8527 5431

# Activities for Children and Young People 11-19

## Yellow Birds Holiday Club Youth Group

11 - 15 Years  
Volunteers from 16 - 19 years for those interested in Sports Coaching or Childcare.

Wednesday 13th to Friday 22nd April 2011

**South Chingford Methodist Church Hall**  
**3 New Road**  
**Chingford**  
**E4 9EU**

Come along and relax in a 'chilled out' environment.

Ladies and gents are also invited to come along watch a film or two and play pool in a warm, safe and secure environment alongside our new team of qualified Youth Workers.

Specific activities and trips will be decided by the young people attending the programme.

From £10 per day for those aged 4 - 15 years.

Play scheme rates apply for those aged 11 - 13 years

Concessions for siblings  
Ella Parkinson

020 8531 9658  
07723 332 493  
YellowBirdsinfo@aol.com

## Youth Forum and Open Door drop in

13 - 19 Years  
Monday 11th & 18th April 2011  
6.30pm to 8.30pm

**Leyton Youth Centre**  
**Crawley Road**  
**Leyton**

# Activities for Children and Young People 11-19

## E10 6PY

Youth forum, social drop in, discussion group and IT support with multi sports fun activities and much more.

Free

Arshed Mahmood

020 8496 1500

Mahmood@walthamforest.gov.uk

## Healthy Eating and Multi Sports Programme

13 – 19 Years

Thursday 14th & 21st April 2011

5.30pm to 8.30pm

Leyton Youth Centre

Crawley Road

Leyton

E10 6PY

Multi sports and fitness programme encouraging young people to budget and eat healthy through fun activities.

Free

Arshed Mahmood

020 8496 1500

Arshed.Mahmood@walthamforest.gov.uk

## Mirror Image Girls Group

13 – 19 Years

Friday 15th April 2011

5.30pm to 8.30pm

Leyton Youth Centre

Crawley Road

Leyton

E10 6PY

Open door drop in session for young women to engage in fun activities in a safe environment.

Free

Sandra Hayden

020 8496 1530

Sandra.Hayden@walthamforest.gov.uk

## LMCC Young Men Group

13 – 19 Years

Tuesday 12th & 19th April 2011

7pm to 9pm

Pastures Youth Centre

Davies Lane

Leytonstone

E11 3DR

Open door multi activities study support and discussion group session for young Muslim men in a safe and friendly environment.

Free

Arshed Mahmood

020 8496 1500

Arshed.Mahmood@walthamforest.gov.uk

## Duke of Edinburgh's Award Open Award Centre

14 – 19 Years

Wednesday 13th & 20th April 2011

7pm to 9pm

Pastures Youth Centre

Davies Lane

Leytonstone

E11 3DR

Personal development programme of activities for young people undertaking the DofE Award at Bronze, Silver and Gold level.

Free

Arshed Mahmood

020 8496 1500

Arshed.Mahmood@walthamforest.gov.uk

## Discussion Group

13 – 19 Years

Thursday 14th & 21st April 2011

6.30pm to 9pm

Pastures Youth Centre

Davies Lane

Leytonstone

E11 3DR

Open door drop in session focused on social educational discussion and group work programme to raise awareness on issues affecting young people in a safe and fun environment.

Free

Addae Tenkamenin

020 8496 1500

Addae.Tenkamenin@walthamforest.gov.uk

## Leytonstone Cricket Academy

13 – 19 Years

Friday 15th April 2011

6.30pm to 9pm

Pastures Youth Centre

Davies Lane

Leytonstone

E11 3DR

Meet other young people in a safe social environment to develop your skills in the game of cricket and increase your confidence and self esteem.

£1

Arshed Mahmood

020 8496 1500

Arshed.Mahmood@walthamforest.gov.uk

## Kicks Football Skills Programme

13 – 19 Years

Wednesday 13th & 20th April 2011

4pm to 6.45pm

Pastures Youth Centre

Davies Lane

Leytonstone

E11 4LJ

Fun and social environment for young people from the local area to engage in discussion and social educational programme on issues affecting young people in the area.

Free

Lee Benjamin

020 8496 1500

Lee.Benjamin@walthamforest.gov.uk

## E11 3DR

Football skills and personal fitness programme within a social and friendly environment for young people from the Cathall and Avenue areas.

Free

Lee Benjamin

020 8496 1500

Lee.Benjamin@walthamforest.gov.uk

## Cann Hall Skate Park

13 – 19 Years

Tuesday 12th & 19th April 2011

Wednesday 13th & 20th April 2011

6.30pm to 9pm

Cann Hall Skate Park

Cann Hall Road

Leytonstone

E11

Social education programme on issues affecting young people with study support and IT facility in a safe and friendly environment.

Free

Addae Tenkamenin

020 8496 1500

Addae.Tenkamenin@walthamforest.gov.uk

## St Johns Ambulance Cadet Unit

11 – 19 Years

Friday 15th April 2011

6pm to 7.30pm

Pastures Youth Centre

Davies Lane

Leytonstone

E11 3DR

Young people learn to take responsibility in First Aid situations.

Free

Arshed Mahmood

020 8496 1500

Arshed.Mahmood@walthamforest.gov.uk

## Youth Bus

13 – 19 Years

Tuesday 12th & 19th April 2011

6.30pm to 9pm

EpiCentre Car Park

The Epicentre

41 West Street

Leytonstone

E11 4LJ

Fun and social environment for young people from the local area to engage in discussion and social educational programme on issues affecting young people in the area.

Free

Lee Benjamin

020 8496 1500

Lee.Benjamin@walthamforest.gov.uk

# Activities for Children and Young People 11-19

## Free Water Walkers Session

8 – 15 Years  
Monday 11th to Friday 15th & Monday 18th to Friday 22nd April 2011  
9.30am to 11.30am

**Larkswood Leisure Centre**  
**New Road**,  
**Chingford**  
**E4 9EY**

Come and try a fun activity where you can actually walk on water. You will be inside a large blow up balloon and can walk, run and jump without getting wet. Please note that you must be able to swim 25m.

Free  
020 8523 8215

## Street Dance

11 – 15 Years  
Thursday 14th & 21st April 2011  
5.30pm to 6.30pm

**Plumtree Studio 1**  
**763 High Road**,  
**Leyton**  
**E10 5AB**

Learn the moves to the latest in street vibes, hip hop and R'n'B.  
[www.gll.org](http://www.gll.org)  
£3.70 Non Members  
£3.10 Wellness Pay & Play  
Leyton Leisure Lagoon  
020 8558 8858

## Active Aero Biking

11 – 15 Years  
Tuesday 12th & 19th April 2011  
6.30pm to 7.15pm

**Plumtree Studio 2**  
**763 High Road**,  
**Leyton**  
**E10 5AB**

Aerobiking to the latest in street vibes, hip hop and R'n'B. [www.gll.org](http://www.gll.org)  
£3.70 Non Members  
£3.10 Wellness Pay & Play  
Leyton Leisure Lagoon  
020 8558 8858

## Dance Mats

11 – 15 Years  
Monday 11th & 18th & Wednesday 13th & 20th April 2011  
11am to 12pm

**Peter May Sport Centre**  
**135 Wadham Road**,  
**Walthamstow**  
**E17 4HR**  
Arcade style dance mats.

£1

Dee Boydell-Brown  
020 8531 9358  
[dee.boydell-brown@gll.org](mailto:dee.boydell-brown@gll.org)

## Active Squash

11 – 15 Years  
New and exciting allows friends to practice squash skills.

**Cathall Leisure Centre**  
**Cathall Road**,  
**Leytonstone**  
**E11 4LA**

Monday 11th to Monday 25th April 2011  
Monday to Friday 10am to 12pm

Free Prepaid Members  
£3.80 Pay & Play Members  
Cathall Leisure Centre 020 8539 8343

**Kelmscott Leisure Centre**  
**243 Markhouse Road**,  
**Walthamstow**  
**E17 8RN**

Monday 11th to Sunday 24th April 2011  
Monday to Friday 7am to 10pm  
Saturday 9am to 6pm  
Sunday 9am to 5pm  
£3.65 Active Members peak time  
£3.65 Active Pay as you Go  
Free Active Members off peak times  
Kelmscott Leisure Centre 020 8520 7464  
[Deborah.Shear@gll.org](mailto:Deborah.Shear@gll.org)

## Active Fitness

11 – 15 Years  
Saturday 9th to Monday 25th April 2011  
Monday 3.30pm to 5pm  
Tuesday & Friday 4pm to 5.30pm  
Sunday 2pm to 4pm

**Cathall Leisure Centre**  
**Cathall Road**,  
**Leytonstone**  
**E11 4LA**

Our dedicated and supervised sessions introduce 11-15 year olds to using fitness centres and equipment correctly in a fun environment. It is necessary to book an induction before the first visit.

Free Prepaid Members  
£3 Pay & Play Members  
Cathall Leisure Centre  
020 8539 8343

## Active Fitness

11 – 15 Years  
Tuesday 12th to Saturday 23rd April 2011  
(Except Sunday)  
Monday 10.30am to 12pm & 3.30pm to 5pm  
Tuesday 3.30pm to 5pm  
Wednesday 3.30pm to 5pm (Inductions available)  
Thursday 3.30pm to 5pm  
Friday 10.30am to 12pm & 3.30pm to 5pm  
Saturday 10.30am to 12pm & 1.30pm to 5pm

**Kelmscott Leisure Centre**  
**243 Markhouse Road**,  
**Walthamstow**  
**E17 8RN**

Our dedicated and supervised sessions introduce 11-15 year olds to using fitness centres and equipment correctly in a fun environment. It is necessary to book an induction before the first visit.

£3 per session  
Kelmscott Leisure Centre  
020 8520 7464  
[Deborah.Shear@gll.org](mailto:Deborah.Shear@gll.org)

## Active Fitness

11 – 15 Years  
Tuesday 12th & Thursday 14th April 2011  
Tuesday 19th & Thursday 21st April 2011  
4pm to 4.45pm & 4.45pm to 5.30pm  
Saturday 9th April and Sunday 10th April 2011  
Saturday 16th April and Sunday 17th April 2011  
2pm to 3pm & 3pm to 4pm

**Larkswood Leisure Centre**  
**New Road**,  
**Chingford**  
**E4 9EY**

Our dedicated and supervised sessions introduce 11-15 year olds to using fitness centres and equipment correctly in a fun environment. It is necessary to book an induction before the first visit.

Free Prepaid Members  
£3 Pay & Play Members  
Larkswood Leisure Centre  
020 8523 8215



# Activities for Children and Young People 11-19

## Active Fitness

11 – 15 Years  
Saturday 9th to Friday 22nd April 2011  
Tuesday, Thursday & Friday  
3.30pm to 5.30pm  
Saturday  
3pm to 5pm

**Leyton Leisure Lagoon**  
**763 High Road**  
**Leyton**  
**E10 5AB**

Our dedicated and supervised sessions introduce 11-15 year olds to using fitness centres and equipment correctly in a fun environment. It is necessary to book an induction before the first visit. [www.gll.org](http://www.gll.org)

£3 Active Wellness Pay & Play  
Leyton Leisure Lagoon  
020 8558 8858



## Active Fitness

11 – 15 Years  
Tuesday 12th to Thursday 14th April 2011  
1pm to 5pm  
Tuesday 19th to Thursday 21st April 2011  
1pm to 5pm

**Peter May Sport Centre**  
**135 Wadham Road**  
**Walthamstow**  
**E17 4HR**

Our dedicated and supervised sessions introduce 11-15 year olds to using fitness centres and equipment correctly in a fun environment. It is necessary to book an induction before the first visit.

£3 Members  
Free Pre-paid Active Members  
Dee Boydell-Brown  
020 8531 9358  
[dee.boydell-brown@gll.org](mailto:dee.boydell-brown@gll.org)

## Active Fitness

11 – 15 Years  
Monday 18th to Thursday 21st April 2011  
12.15pm to 1.45pm  
Tuesday 19th & Wednesday 20th April 2011  
4pm to 5.30pm  
Sunday 24th April 2011  
3pm to 4.30pm

**Waltham Forest Pool & Track**  
**170 Chingford Road**  
**Walthamstow**  
**E17 5AA**

Our dedicated and supervised sessions introduce 11-15 year olds to using fitness centres and equipment correctly in a fun environment. It is necessary to book an induction before the first visit.

£3 Induction  
£3 per session Pay and Play Members  
Free Wellness Active Prepaid Members  
Waltham Forest Pool & Track  
020 8527 5431

# Activities for All Ages

## Yellow Birds Holiday Club

3 – 13 Years  
Wednesday 13th to Friday 22nd April 2011  
**South Chingford Methodist Church Hall**  
**3 New Road**  
**Chingford**  
**E4 9EU**  
(opposite Iceland supermarket car park – Chingford Mount)  
Easter egg hunt, cooking/baking, Easter bonnet making, bunnies 5 a-side, Easter basket making, two trips out, back to school party and an Easter egg for everyone!  
£21 per day (10% off when you book a full week and concessions for siblings)  
Ella Parkinson  
020 8531 9658  
07723 332 493  
[YellowBirdsinfo@aol.com](mailto:YellowBirdsinfo@aol.com)

## Barracudas Activity Day camps

4 – 16 Years  
Monday 11th April to Friday 15th April and Monday 18th to Thursday 21st April  
8.30am to 5.30pm  
(8am to 6pm also available)  
**Forest School**  
**College Place**  
**Snaresbrook**  
**E17 3PY**  
A multi-activity day camp for children including sports, swimming, arts and crafts, mad science, dance, drama and much more.  
From £23.80 per child per day  
Barracudas  
0845 123 5299  
[info@barracudas.co.uk](mailto:info@barracudas.co.uk)

## Family Disability Swimming

All Ages  
Saturday 9th, 16th & 23rd April 2011  
4pm to 5pm  
**Cathall Leisure Centre**  
**Cathall Road**  
**Leytonstone**  
**E11 4LA**  
An opening swimming session for families that have a person with disabilities. All members of the family are welcome.  
£4.05 Non Members  
£3.95 Pay and Play Members  
£1.60 Concessionary Members  
Free Prepaid Members  
Cathall Leisure Centre  
020 8539 8343

# Activities for All Ages

## Fun swim

0 – 16 Years

Saturday 9th to Monday 25th April 2011

Monday to Friday

3.30pm to 5pm

Saturday & Sunday

12.15pm to 2.15pm

### Larkswood Leisure Centre

New Road

Chingford

E4 9EY

Floats available in the pool.

£1.55 Non Members

£1 Members

£1 Concessionary Members

Larkswood Leisure Centre

020 8523 8215

## Badminton Coaching

8 – 24 Years

Saturday 16th April 2011

10am to 12pm Beginners

12pm to 2pm Referral ONLY

### Kelmscott Leisure Centre

243 Markhouse Road

Walthamstow

E17 8RN

A chance to learn the basic skills of badminton, coached by highly qualified coaches

£2.67

Kelmscott Leisure Centre

020 8520 7464

Deborah.Shear@gll.org

## Badminton

8 – 15 Years

Tuesday 12th April 2011

11am to 12pm & 1pm to 2pm

Thursday 14th, Tuesday 18th &

Thursday 21st April 2011

10am to 12pm

### Peter May Sport Centre

135 Wadham Road

Walthamstow

E17 4HR

Drop in badminton sessions.

£2.70 Active Members

Free Pre-paid Active Members

Dee Boydell-Brown

020 8531 9358

dee.boydell-brown@gll.org

## Aqua Scooters and Water Walkers (swim safely rules apply)

8+ Years

Saturday 9th to Monday 25th April 2011

During public swimming sessions - see timetable

### Leyton Leisure Lagoon

763 High Road

Leyton

E10 5AB

A new fun and innovative way to travel through the water, challenging you and your friends to the latest poolside experience (25m competent swimmers only) [www.gll.org](http://www.gll.org)

£2 per 5 minute session

020 8558 8858

## Eggs-cellent Faces and Chicky cards

5 – 11 Years

Wednesday 13th April 2011

2.30pm to 3.30pm

### North Chingford library

The Green

Station Rd

Chingford

E4 7EN

Make an egg-shaped mask and Easter cards

Free (Tickets available at the library)

North Chingford Library

020 8496 1070

wflibraries@walthamforest.gov.uk

## Inflatable Fun Swim

8+ Years

Monday 11th to Wednesday 23rd April 2011

(Excluding Sunday)

2pm to 3.30pm

### Waltham Forest Pool & Track

170 Chingford Road

Walthamstow

E17 5AA

Thrilling water inflatable which has been specially built for children over 8 years of age.

£3.80 Non Members

£1.55 Junior Members

£1.55 Concessionary Members

Waltham Forest Pool & Track

020 8527 5431



## Swimming – London Swim School

3 – 15 Years

Classes running from Monday 11th to Monday 25th April 2011, depending on location – contact centre for more details

### Cathall Leisure Centre

Cathall Road,

Leytonstone

E11 4LA

### Larkswood Leisure Centre

New Road

Chingford

E4 9EY

### Waltham Forest Pool & Track

170 Chingford

Walthamstow

E17 5AA

London Swim School is London's largest learn to swim programme with thousands of classes held across the capital each week, covering all ages and abilities. [www.sportscourses.org](http://www.sportscourses.org)

Prices vary according to length of course and location – contact centre for more details

020 8539 8343

020 8523 8215

020 8527 5431

## Inflatable Fun Session

8 – 16 Years

Monday 11th to Friday 15th & Monday 18th to Friday 22nd April 2011

1.30pm to 3pm

### Larkswood Leisure Centre

New Road

Chingford

E4 9EY

Thrilling water adventure playzone which has been specially built for children over 8 years of age.

£1.55 Non Members

£1 Members and Concessionary Members

020 8523 8215

## Free Swimming

All Ages

Easter Holidays

Waltham Forest

Free swimming available throughout the Easter Holidays. Contact your local leisure centre for more details.

[www.gll.org/borough/waltham-forest.asp](http://www.gll.org/borough/waltham-forest.asp)

Free

## The Singing Room - a local community choir

For people who want to sing. Open to the confident, not so confident and positively petrified! It's sociable, it's fun and it develops your vocal skills. For more details call Anna on 07931372996 or email anna@music-makers.info

## E17 Guitar Club

Thursdays, 8pm.

Modern College of Music, 22 Orford Road, Walthamstow. Guitar fun for players of all abilities. We perform regularly. £10 per session. For more information phone Christian Karlsson on 07958 471 083, email chris@stunningmusic.com or visit www.stunningmusic.com.



## Moll Flanders the musical

Wednesday 13 - Saturday 16 April, 7.45 pm plus Saturday matinee at 2.30pm

Mornington Hall, The Green Walk, N Chingford, E4 7EN.

A lively, funny and rather saucy musical by Stiles and Leigh adapted from Defoe's famous classic by Luckham. Come to our intimate theatre with its raised seating and licensed bar (no bar at the matinee). Competition in the programme to win back the price of your tickets (max.2). Tickets £9.50 all performances. Senior tickets on Wednesday evening and at the matinee; £8.50. Reductions for groups of 10 and over. Please book in advance from janettanorris@hotmail.co.uk or 020 8524 4380.

## Forest Writers Group

Alternate Wednesdays, 7.30-10pm.

The Modern College of Music and Drama, Orford Rd, Walthamstow. Forest Writers is a creative writing group and we are looking for new members who are actively writing. The group provides an opportunity to meet in a relaxed and friendly environment and members take turns to critique work in a constructive and supportive way. Any type of writing is welcomed. The group would suit anyone who wants feedback or needs that

extra motivation, inspiration and encouragement. There is a small annual subscription for members and a nominal fee for room hire that you pay on the night.

To find out more email SarahJoseph92@hotmail.com or call 07870 270844.

## Coach and Horses Blues Jam

Every Wednesday, 8.30-11.30pm.

The Coach and Horses, 391 High Road, Leyton E10 5NA. A live blues jam featuring guests, regulars and house band musicians. Probably the best blues jam in east London and Essex. All welcome. Singers and Drummers especially welcome. Entrance costs £2 for listeners and £1 for musicians.

For more information visit [www.coachandhorsesbluesjam.com](http://www.coachandhorsesbluesjam.com), phone Terry on 020 8502 0351 or Stevie on 07866 027546 or email terence.duggan@virginmedia.com

## Starlighter Theatre Company

Every Thursday, 8pm.

Foster Hall, Wellesley Rd, Walthamstow

We are a small friendly group who do three shows a year, musicals, pantomime and all types of revue. No experience is necessary. For more details please e-mail Kath at [kat4kiefer@yahoo.co.uk](mailto:kat4kiefer@yahoo.co.uk) or phone 020 8923 5416 Answerphone available. Please leave your details and contact number clearly.



## Craft classes for adults and children

Days and time vary.

I offer small, friendly craft classes for adults and children from my home in Walthamstow. I offer sewing, knitting, quilting and crochet classes. Contact me to find out more. Visit [www.cheekyhandmades.co.uk](http://www.cheekyhandmades.co.uk), email [jenniec777@gmail.com](mailto:jenniec777@gmail.com) or phone 07944 863932 to find out more.

## E11 Crafty Knitters

Tuesdays, 3-5pm.

The Salvation Army Hall, Southwell Grove Rd, London E11 4PP. A friendly group meeting to knit, crochet, sew and all manner of crafty activities. Come and learn something new, chat, drink tea and eat cake.

We have experienced knitters ready to share all they know, a needles library and a stash of yarn to help new members get started. The hall has full disabled access.

For more information email [E11craftyknotters@yahoo.co.uk](mailto:E11craftyknotters@yahoo.co.uk) or visit <http://e11craftyknotters.blogspot.com/>

## Northern Soul and Motown night

Saturday 26 March, 9pm-2am.

The Cavern Bar, Forest Road, Walthamstow. We play Northern Soul and Motown music on vinyl. It's a very friendly night aimed at people having simple fun, dancing to good music. Tickets cost £5 on the door.

## E17 Jazz

Wednesday 6 April, 8.30-11pm.

Walthamstow Cricket Club, 48a Greenway Avenue, E17 3QN. Jam Session hosted by Naadia Sheriff. New Jam sessions on the first Wednesday of every month, hosted by E17 regulars and featuring a different guest each month. Entry £5 or £3 for participants.

For more information visit [www.myspace.com/e17jazz](http://www.myspace.com/e17jazz).

## Music in the Village – The Fitzwilliam String Quartet

Thursday 7 April, 7.30-9.20pm.

St Mary's Church, Church End, Walthamstow E17 9RJ. Lucy Russell and Jonathan Sparey, violins; Alan George, viola; Heather Tuach, violoncello, play Schubert's "Death and the Maiden" as well as quartets by Barber, Jackson Hill and Delius. Admission £10 or £5 for concessions.

For more information phone Peter McCarthy on 020 8223 0772, email [VillageMusic@WalthamSoft.com](mailto:VillageMusic@WalthamSoft.com) or visit <http://VillageMusic.WalthamSoft.com>

## Tina T's Soul and Funk Jam

Thursday 7 April, 8.30pm.

The King William IVth Pub, Bakers Arms. All musicians, and music lovers welcome. Witness Tina's amazing vocals backed by her houseband of pro musicians, everybody welcome to join in and perform. Friendly atmosphere, with some sensational live music. Free Admission.

For further information please phone Tina on 07956325961, email [souldiva69@hotmail.com](mailto:souldiva69@hotmail.com) or visit [www.tinat.vpweb.co.uk](http://www.tinat.vpweb.co.uk)

**Tell us what's on**  
[walthamforestnews@walthamforest.gov.uk](mailto:walthamforestnews@walthamforest.gov.uk)

## Children and young people

### Theatretrain Waltham Forest

Every Saturday, 2.30- 5.30pm

Leytonstone School One hour drama, one hour dance and one hour singing tuition for children. £14 each Saturday

To find out more phone Elly or Mark Pharoah on 01992 812668 or 07941 609730.

### Toddler Group

Tuesdays, 9.15 –11.15am.

Christ Church, 73 Francis Road, Leyton, E10 6PL.

Children under school age who are accompanied by a parent or carer can come and enjoy the fun. We have toys, music, painting, songs and a story. With tea and coffee for the adults and squash for the children.

For more information please call Fidou 020 856 7110.

### Multi-sports sessions

Sundays, 10am-12 noon.

Low Hall sports ground. 24 free multi-sports sessions for children aged 11-14 years old.

To join email [contact@salaampeace.org](mailto:contact@salaampeace.org) or phone 07949-983-500.

### St.Marys Under Five and Friends (SMUFF)

Tuesdays, 1.30-3.15pm

Thursdays 9.45-11.30am (during term time).

The Welcome Centre beside St.Marys Church, Walthamstow Village.

### Bongalong

Mondays and Thursdays.

St Gabriel's Family Centre, Walthamstow E17.

Bongalong provides music, movement and make-believe for babies and children aged 0-5 years. Sessions are run by a local parent and qualified teacher.

For further information or to book a trial session, please phone Fiona on 07811 460282 or 020 8257 7645 or visit [www.bongalong.co.uk](http://www.bongalong.co.uk)

## Waltham Forest Sea Cadets and Royal Marine Cadets

Tuesdays and Thursdays, 7.15-9.30pm.

Kings Road, Chingford We are open to young people, male and female, from the ages of 10 to 18 years. Activities include sailing, swimming, physical training, expedition training, seamanship and much more. For more information phone 020 8529 4473.



## Miss Miranda's Music Time

Mondays 1.45pm, Wednesdays 10.15am, Fridays 9.45am and 10.45am.

Mondays and Wednesdays at St Stephens Church, Copeland Road, Walthamstow and Fridays at the Peterhouse Centre, 122 Forest Rise, Walthamstow.

Music sessions for babies and children up to five years old.

Miss Miranda is a fully qualified Music and Drama teacher who uses singing, percussion and musical instruments to dance, create and

have fun. Lessons are lively, full of energy and geared to suit all ages, including grown ups. £5 pay on the day or cheaper course options available.

For more information please see the website [www.missmirandasmusic.co.uk](http://www.missmirandasmusic.co.uk) or phone Emma on 07956 211 861.

## Children and Young People's Directory

Compiled by the Council's Family Information Service (FIS), the directory gives free, impartial advice on childcare, general information on a wide range of services for children, young people and families and lists leisure and recreation activities of all kinds. For more information visit <http://csd.walthamforest.gov.uk>

## Tell us what's on

Call 020 8496 3000

## Council Meetings

### Wednesday 23 March

Children and young people overview and scrutiny committee

### Thursday 24 March

Full Council

### Wednesday 30 March

Health, adults and older persons scrutiny committee

All meetings are held at Waltham Forest Town Hall unless stated otherwise, and start at 7.30pm.

## Calling all children's groups

We need more of you to tell us what's happening in your children's and young people's groups.

Do you offer activities or run classes?

Are you looking for volunteers?

Let us have the details and we'll do our best to include them on our What's On pages. Send them to:

**walthamforestnews@walthamforest.gov.uk**

# Our Life

## In brief



### 2012 Culture Diary deadline approaching

People organising cultural events during 2012 are being urged to list their activities on a new web based tool that will be available for the world to view. The 2012 Culture Diary will include events, exhibitions and displays of all sizes that are taking place in the run up to the London 2012 Games and beyond. The diary is being put together by the Greater London Authority ready to be publicised across London. Organisations that are putting on events need to hurry as they must be registered by Thursday 31 March. The diary will make sure that event organisers can avoid clashes, and provides a one-stop shop for people wanting to find out what's happening during 2012. So if you want your event, exhibition or activity included in the 2012 Culture Diary be quick and sign up before Thursday 31 March.

- For more information about the Culture Diary visit [www.theculturediary.com](http://www.theculturediary.com). You can phone the Council's Arts and Events team on 020 8496 3000 or email [Arts&Events@walthamforest.gov.uk](mailto:Arts&Events@walthamforest.gov.uk).



These young people from Waltham Forest and neighbouring boroughs have all taken part in the Staying Positive programme

## Staying positive

- Project gives teenagers with ongoing health conditions the chance to talk about issues that affect them
- Young people from Waltham Forest urged to sign up

**Teenagers with serious long-term health conditions are being encouraged to take part in free workshops which help them learn new skills and talk through their concerns.**

The free 'Staying Positive' workshops for teenagers living with health conditions like asthma, epilepsy, diabetes, ME, Cerebral Palsy and Sickle Cell Disorder are now running in Waltham Forest.

They give young people the chance to learn new skills such as African drumming, clay modelling or T-shirt printing and help them learn how to get the most out of their lives. They also offer the opportunity to meet other people who have similar experiences.

Workshops cover issues teenagers said they wanted to talk about such as relationships, socialising,

brothers and sisters, dealing with medication and treatment, school and careers, exercising safely, feeling low and down, bullying and preparing to move from child to adult services.

John Smith\*, 17, from Chingford, was diagnosed with Non Hodgkins Lymphoma at the age of nine. He told Waltham Forest News: "Living with a long term illness can be isolating and depressing. When you are ill you might not be able to do everything that your friends can and this makes you feel left out."

"Being ill could also mean that young people don't get the same education that others get and this could affect them when they have to take exams."

"This project helps teenagers and young adults like me by giving them a confidence boost and that

helps them make more friends which makes their parents happier and make a happier environment to live in which helps in many ways."

Workshops for 12-18 year olds will run on Saturday 16 April between 11am-4pm at The Limes, William Morris Hall, 6 Somers Road, Walthamstow.

The Staying Positive Programme was commissioned by Waltham Forest PCT in partnership with Waltham Forest Council and aims to help 100 young people take part in the programme by March 2012.

### More info

For more information about the workshops email [sharlene.mills@eppcic.co.uk](mailto:sharlene.mills@eppcic.co.uk) or phone or text 07595 272465.

\*Name changed to protect identity

### Join Waltham Forest Community Choir



#### Learn to sing in a friendly and supportive atmosphere

Singing is good for you. It has been proven to make you feel good. It reduces stress and, as some studies have shown, it can improve your memory.

We are a recently-formed Choir, based in Central Walthamstow, with members from all parts of the Borough.

We welcome members from all backgrounds over the age of 18 years, whether you have sung before, or this is your first attempt.

We sing a range of music from choral, folk, world, musicals & pop. We meet on Mondays in Walthamstow, 7.30pm to 9.30pm. The building is wheelchair friendly.

For more details contact Annie on [anniebea@live.co.uk](mailto:anniebea@live.co.uk) or phone Chris on 07779 783975.

Supported by:



previously Age Concern Waltham Forest – new name, same organisation



## Leyton



The blues jam has attracted musicians from around the world

# We're jamming

- Blues jam night showcases local musicians and singers
- Organisers say Coach and Horses Blues Jam is the "friendliest jam night in town"

**Getting the blues doesn't necessarily have to be a bad thing - as punters at one Leyton pub can vouch.**

The Coach and Horses (391 High Road Leyton, E10 5NA) has hosted a popular blues jam night on Wednesday evenings for the past two years.

The jam is one of the longest-running events of its type in London, having entertained the capital's blues fans and musicians for eight years. The jam was previously held at The Heathcoate pub.

The evening features all manner of musicians and singers, many of whom have been put together into ad-hoc bands on the night. Admission is just £1 for jammers and £2 for audience members.

Vera Duggan, who

organises the nights with husband Terry, told Waltham Forest News: "People are so friendly and supportive of each other at the jam. If you like blues music, you should come along. New people are made very welcome and we look after them."

"It has gone from strength to strength and now we think it is one of the best blues nights going. We always have a house band that do about 20 minutes on stage and from then on it's people who turn up wanting to jam. We usually have between 18 and 25 musicians turn up on the night."

The jam night was first established in 2003 by the late Ray Bartrip, a popular musician on the Essex blues scene, and his wife Sue, who approached Terry and Vera for help in running the new venture.

The house band was first made up of Terry on bass guitar, Ray on Hammond-player, saxophonist Pete Bull and Reg Patten on Drums. They decided against having a singer in favour of guest artists - a tradition they still retain.

The night relocated to the Coach and Horses in 2008 and is going from strength to strength. As well as the weekly jam there is an annual Christmas party and birthday party in May and fundraising events for the wider community.

Vera said: "We are an important part of the blues scene in London because we were the first to become established. We give new musicians the chance to show what they can do."

"We do a lot of things for the community and we're very keen to get as many

people down as possible and see what we do."

"Our musicians are superb, they are really good, some come to the night in bands and some come to meet new people and form bands and that helps create a great atmosphere."

The reputation of the night is such that performers have come from as far afield as the USA, Canada, Germany, Italy, Russia and Japan.

Vera and Terry now hope to build further on their success and continue to provide a fun packed night of blues music to the whole community.

### More info

To find out more visit [www.coachandhorsesbluesjam.com](http://www.coachandhorsesbluesjam.com). Free internet access is available at all libraries in the borough.

## In brief

### Friends group

Tucked away in one of Leyton's most tranquil corners is St Mary's Parish Church, a local landmark that has been around since at least 1130 and was likely built on the site of an even older Saxon church. As well as offering visitors the chance for some quiet reflection, the churchyard itself is home to a variety of flora and fauna and has recently been awarded 'protected' status by English Heritage. The site is looked after by the Friends of St Mary's Nature Reserve, a local volunteer group who meet every Sunday from 12.30-4pm to preserve and enhance the site – they're always looking for new members, so if you fancy chipping in then get in touch.

• For more information phone Carmela Crute Jones on 07814 475191 or visit [www.friendsofparkswf.org](http://www.friendsofparkswf.org).



### Conservation time

The British Trust Conservation Volunteers (BTCV) meet every Wednesday and Thursday from 9am-4pm at the BTCV offices (1a Connaught Close, Leyton E10) with the simple aim of making a difference to the borough's nature reserves and green spaces. Anyone can get involved and all equipment and training is supplied by the BTCV. All you need to bring is appropriate clothing and footwear, along with plenty of enthusiastic get-up-and-go. Children are more than welcome as long as they're accompanied by an adult, and if you'd like any advice please just get in touch beforehand.

• For more information visit [www.btcv.org/waltham](http://www.btcv.org/waltham). Free internet access is available at all libraries in the borough.

### Back on track

If you're struggling with your plans to get a little fitter this year and could do with some friendly spurring-on, why not give Eton Manor Athletics Club a try? This friendly community-based running club meets every Tuesday and Thursday from 7.15-9pm at the Cottage, 3 Marsh Lane, Leyton E10 7BL and welcomes men and women of all abilities. As well as getting fit you'll also get the chance to hone your competitive streak as the group takes part in track and field, road and cross country events. So what are you waiting for? Air out those sneakers, slip on your trackies and get running!

• For more information visit [www.eton-manor.com](http://www.eton-manor.com). Free internet access is available at all libraries in the borough.

# Our Schools

## In brief

### Business brains

Local schoolchildren have shown their business acumen by beating a number of other schools in an Enterprise Challenge which asked them to come up with an idea for a stall at a primary school fete. The team from Woodford Green Primary School team devised their project, planned a tabletop activity, produced a business plan, leaflet and poster and then presented it to the other teams and the judges, who picked them as the winners and presented them with a trophy for their hard work. They will now go on to the London finals held at Canary Wharf.

- For more information about Waltham Forest schools visit [www.walthamforest.gov.uk/education](http://www.walthamforest.gov.uk/education). Free internet access is available at all libraries in the borough.



### Healthy learning

A primary school in Leytonstone has been recognised for its work in helping pupils become healthier. Jenny Hammond Primary School was awarded Enhanced Healthy School Status for their hard work in implementing the National Healthy Schools programme. The school reviewed all its work around being healthy and now organises at least two hours of PE each week, playground activities at playtime and lunchtime and offers healthy food and the opportunity for pupils to be more emotionally healthy. The school was first recognised as a healthy school in 2007 and staff and pupils are now delighted they have achieved enhanced status.

- For more information about Jenny Hammond Primary School visit [www.jennyhammondschool.co.uk](http://www.jennyhammondschool.co.uk). Free internet access is available at all libraries in the borough.

### Admissions results

Nearly nine in ten London pupils starting secondary school in September were offered a place at one of their top three schools. Figures released showed that 65 per cent of pupils were offered a place at their first choice school and 93 per cent were offered a place at one of their six preferred schools. Parents of pupils who have not been allocated a place at one of their chosen schools have been offered an alternative or will shortly be advised of their options.

- For more information about school admissions visit [www.walthamforest.gov.uk/school-admissions](http://www.walthamforest.gov.uk/school-admissions) or phone 020 8496 3000.



Smiles all-round from prize-winning Lammas pupils

# Competition winners

- **Lammas School wins competition for post-2012 plans**
- **Pupils suggest two-day community festival for Olympic site once games draw to a close**

**Enterprising Lammas School and Sports College pupils have won a competition with their vision for what could take place on the Olympic Park site once the 2012 Games are over: a two-day community festival celebrating different cultures.**

They were among hundreds of pupils across East London who took part in the 'Make it our Future' project to come up with ideas for a dynamic, imagined community event to be held at the future Queen Elizabeth Olympic Park and Westfield Stratford City.

The contest saw employees from the Legacy Company and Westfield Stratford City visit schools in

Waltham Forest, Newham, Hackney and Tower Hamlets to find out how pupils thought the area could be transformed with new homes, shops and leisure facilities, sports venues and community facilities.

After six months of activities in schools, the winning classes from four participating schools presented their best ideas to an expert panel, including Bob Neill MP; Nick Bitel, Board Member of the Olympic Park Legacy Company; John Burton, Director of Westfield Stratford City and Sir Keith Ajegbo, Trustee of the Citizenship Foundation.

Cllr Saima Mahmud, Cabinet Member for Children and Young People, told Waltham Forest News: "As it

draws closer and closer the Olympic Games has sparked many peoples' imaginations and the borough's young people have been particularly keen to get involved in the run-up to the Games. I'm really proud of the pupils from Lammas School. I'm glad that their vision impressed the panel of judges and all their hard work has paid off.

"While many people are naturally looking forward to the sports and the spectacle, what happens afterwards will also be extremely exciting and this is what the Lammas pupils' project has highlighted. Just like them, we're keen to not just make the most of the Olympic year, but also to see lasting benefits for our residents once the Games are over."

Over the last few months pupils at the four schools have explored how regeneration of the Olympic Park and Westfield Stratford City will affect them and the area they live in.

Pupils also had the chance to visit the Olympic Park and Westfield Stratford City, and asked their local communities for their opinions.

### More info

To find out more about the 2012 Olympic and Paralympic Games and what is happening in Waltham Forest, log on to [www.walthamforest.gov.uk/2012games](http://www.walthamforest.gov.uk/2012games). Free internet access is available at all libraries in the borough.

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[www.walthamforest.gov.uk](http://www.walthamforest.gov.uk)

## Highways

### LONDON BOROUGH OF WALTHAM FOREST LEYTONSTONE EAST CONTROLLED PARKING ZONE – AMENDMENT TO CONTROLLED HOURS AND EXTENSION OF THE LSE ZONE INTO THE BUSHWOOD AREA OF LEYTONSTONE, T06

(This notice is about the introduction of experimental Traffic Orders to amend the controlled hours of and to extend the Leytonstone East Controlled Parking Zone (CPZ). During the first 6 months that these experimental Traffic Orders are in operation, objections may be made to them being continued permanently – see paragraph 5.)

1. NOTICE IS HEREBY GIVEN that the London Borough of Waltham Forest (the Council) on 18th March 2011 made The Waltham Forest (Leytonstone East CPZ) (Parking Places) (Amendment No. 1) Experimental Traffic Order 2011 and The Waltham Forest (Waiting & Loading Restriction) (Amendment No. 2) Experimental Traffic Order 2011 under sections 9 and 10 of the Road Traffic Regulation Act 1984. The Orders will come into force on 28th March 2011 and may continue in force for up to 18 months.

2. The general effect of the Orders, in regards to the existing Leytonstone East (LSE) CPZ, will be:-  
a) In respect of permit holder parking places to :-  
i) retain the existing operational hours of permit holder parking places from 10.00 a.m. to 4.00 p.m. Mondays to Fridays inclusive in the following roads :-  
Kirkdale Road and Lemna Road,  
ii) amend the operational hours of permit holder parking places from 10.00 a.m. to 4.00 p.m. Mondays to Fridays inclusive to operating from 10.00 a.m. to 2.00 p.m. Mondays to Fridays inclusive in the following roads:-  
Aylmer Road, Barclay Road, Barfield Road, Brockway Close, Burghley Road, Bushwood (between Mornington Road and Stanmore Road), Caradon Close, Carlton Road, Church Lane, Cotton Close, Dacre Road (between Carlton Road and Mohamad Khan Road), Davies Lane, Grove Road, Harold Road, Harrington Road, Harvey Road, Lister Road, Michael Road, Mornington Road, Stanmore Road, Vernon Road and Woodville Road (between Mornington Road and Leyspring Road).  
iii) amend the operational hours of permit holder parking places from 10.00 am to 4.00 p.m. Mondays to Fridays inclusive to operating from 10.00 a.m. to 2.00 p.m. Mondays to Thursdays inclusive and 10 a.m. to 12.30 p.m. on a Fridays in the following roads:-  
Dacre Road (between Mohamad Khan Road and Barfield Road) and Mohamad Khan Road.

b) in respect of waiting restrictions to :-  
i) retain the existing operational hours of single yellow lines 10.00 a.m. to 4.00 p.m. Mondays to Fridays inclusive in the following roads :-  
Kirkdale Road and Lemna Road,

ii) amend the operational hours of single yellow lines from 10.00 am to 4.00 p.m. Mondays to Fridays inclusive to operating from 10.00 a.m. to 2.00 p.m. Mondays to Fridays inclusive in the following roads:-

Aylmer Road, Barclay Road, Barfield Road, Brockway Close, Burghley Road, Bushwood (between Mornington Road and Stanmore Road), Caradon Close, Carlton Road, Church lane, Cotton Close, Dacre Road, Davies Lane, Grove Road, Harold Road, Harrington Road, Harvey Road, Lister Road, Michael Road, Mohamad Khan Road, Mornington Road, Stanmore Road, Vernon Road and Woodville Road (between Mornington Road and Leyspring Road).

3. The general effect of the Orders, in regards to outside of the existing Leytonstone East (LSE) CPZ, will be:-

a) to extend the existing boundary of the Leytonstone East (LSE) Controlled Parking Zone into the following roads:-  
Beacontree Road, Browning Road, Bushwood (between Browning Road and Stanmore Road), Forest View, Hartley Road, High Road Leytonstone (between Bush Road and Browning Road south-east side only) and (north-west side only between Nos 875 and 889 High Road Leytonstone),

John Drinkwater Close, Leybourne Road, Leyspring Road and Woodville Road (between Leysring Road and Bushwood).  
b) to introduce permit holder parking places operating from 10.00 a.m. to 2.00 p.m. Mondays to Fridays inclusive in the following roads :-

Beacontree Road, Browning Road, Bushwood (between Browning Road and Stanmore Road), Forest View, Hartley Road, John Drinkwater Close, Leybourne Road, Leyspring Road and Woodville Road (between Leysring Road and Bushwood).  
c) introduce waiting restrictions operating from 10.00 a.m. to 2.00 p.m. Mondays to Fridays inclusive and "at any time" in the following roads :-

Beacontree Road, Browning Road, Bushwood (between Browning Road and Stanmore Road), Forest View, Hartley Road, John Drinkwater Close, Leybourne Road, Leyspring Road and Woodville Road (between Leysring Road and Bushwood).  
d) residents' permits, business/charity permits, visitors' permits, school parking permits, residents' foreign vehicle permits and essential user/carers permits may be issued, on payment of the appropriate charge, to a person who is the keeper of a passenger vehicle (having 8 passenger seats or less), certain goods carrying vehicles and invalid carriages, (motor cycles would be able to park in permit parking places, free of charge, without the need of a parking permit) providing that in the case of:-

i) a residents' permit, they are a resident of a street specified in paragraph 3(a) above and their vehicle is UK registered to that address;

ii) a foreign vehicles residents' permit, they are a resident of a street specified in paragraph 3(a) above and their vehicle is registered outside of the UK;

iii) a business/charity permit, they have a business in a street specified in paragraph 3(a);

iv) an essential users/carers permit, they are a doctor or carer who has a surgery in or works in the London Borough of Waltham Forest, or employed by or contracted to the Council, or employed by or contracted to a health authority, or employed by the Metropolitan Police, or employed by the London Fire and Civil Defence Authority, or a company that services fire fighting appliances and for whom the use of a vehicle is essential to the carrying out of their public service duties in a street specified above;

v) a visitors' permit, they are a resident of a street specified in paragraph 3(a) above and that such permit is to be used by a bona fide visitor to their home;

vi) a schools parking permit, they are a parent of a student enlisted at a school situated in or near to the streets specified in paragraph 3(a) above;

d) vehicles displaying any valid permit displaying the letters LSE may use the permit parking places provided in the streets specified in paragraphs 2(a)(i), (i) and (ii) and 3(b) above, only;

e) existing LSE permits issued for the streets specified in paragraphs 2(a)(i), (i) and (ii) will be valid in the streets specified in paragraph 3(a) above.

4. The charges for permits by vehicle class for the existing LSE Zone and the streets specified in paragraph 3(a) above will be as follows:-

**(I) Engine size less than 900cc registered before 1st March 2001**

**(II) Engine size between 901cc and 3000cc registered before 1st March 2001**

**(III) Engine size more than 3000cc registered before 1st March 2001**

**(IV) CO2 emissions less than 120 g/km registered after 1st March 2001**

**(V) CO2 emissions between 121 and 185 g/km registered after 1st March 2001**

**(VI) CO2 emissions more than 185 g/km registered after 1st March 2001**

Residents' permit - 12 months)

**(I) £22.50      (II) £30.00      (III) £120.00  
(IV) £22.50      (V) £30.00      (VI) £120.00**

Residents' permit (second vehicle) - 12 months

**(I) £42.00      (II) £90.00      (III) £210.00  
(IV) £42.00      (V) £90.00      (VI) £210.00**

Residents' permit (more than two vehicles) - 12 months

**(I) £65.00      (II) £150.00      (III) £280.00  
(IV) £65.00      (V) £150.00      (VI) £280.00**

Residents' permit - 1 month

**(I) £15.00      (II) £20.00      (III) £100.00  
(IV) £15.00      (V) £20.00      (VI) £100.00**

Residents' permit foreign vehicle - 6 months

**(I) £22.50      (II) £45.00      (III) £140.00  
(IV) £22.50      (V) £45.00      (VI) £140.00**

Schools parking permit - 12 months

**(I) £20.00      (II) £40.00      (III) £120.00  
(IV) £20.00      (V) £40.00      (VI) £120.00**

### Other permits

Business Permit – 3 months, £220; Business Permit – 12 months, £390; Business Permit – 12 months (more than two vehicles), £570; Charity permit – 12 months, £40; Charity permit – 12 months (more than two vehicles), £172; Essential User Permit – 1 month, £27; Essential User Permit – 3 months, £60; Essential User Permit – 6 months, £105; Essential User Permit – 12 months, £180; Visitor permits – 1 hour book of 30, £14 (free to over 70's); Visitor permits – 2 hours book of 20, £16; Visitor permits – 5 hours book of 10, £18; Vouchers - 50 pence for 30 minutes or £1 per hour.

5. Where it appears necessary for certain purposes, the Portfolio Holder for Environmental Services or some other person authorised by him, may, in pursuance of section 10(2) of the Road Traffic Regulation Act 1984, modify or suspend any provision of the experimental Traffic Orders while they are in force.

6. Documents giving more detailed particulars of the Orders are available for inspection between 9.30 am and 4.30 pm on Mondays to Fridays inclusive (except Bank Holidays), from 21st March 2011 until the Orders cease to have effect, at (a) The Information Desk, Town Hall, Forest Road, Walthamstow, E17 4JF; (b) The Waltham Forest Direct Shop, 819 High Road, Leytonstone, E11 1HQ; and (c) Low Hall Depot, Argall Avenue, London, E10 7AS.

7. The Council will be considering in due course whether the provisions of the experimental Orders should be continued in force indefinitely by means of permanent Orders made under sections 6, 45, 46 and 124 of and Part IV of Schedule 9 to the Road Traffic Regulation Act 1984. Any person may object to the making of the permanent Orders for the purpose of such indefinite continuation within a period of six months beginning with the day on which the experimental Orders come into force or, if the Orders are varied by another Order or modified pursuant to section 10(2) of the 1984 Act, beginning with the day on which the variation or modification or the latest variation or modification came into force. Any such objection must be made in writing and must state the grounds on which it is made and be sent to Traffic Orders, Environment and Regeneration, Low Hall, Argall Avenue, London, E10 7AS. Any objection may be communicated to, or be seen by, other persons who may be affected.

8. If any person wishes to question the validity of either of the Orders or of any of their provisions on the grounds that they are not within the powers conferred by the Road Traffic Regulation Act 1984, or that any requirement of that Act or any instrument made under that Act has not been complied with, that person may, within 6 weeks from the date on which the Orders are made, apply for the purpose to the High Court.

### Dated 21st March 2011

**Mr. K. Valavan, Head of Highways and Infrastructure, Public Realm, Low Hall, Argall Avenue, London, E10 7AS**

be, only at such times and to such extent as regulatory signs are displayed, to prohibit vehicles (except works vehicles) from these sections of aforementioned roads.

2. Whilst the works are being carried out:-

(a) no person shall cause or permit any vehicle to enter or proceed in, for any purpose, at any time, the following sections of roads:-

i. Cherrydown Avenue E4, between the north-western kerb-line of Albert Crescent and a point 2 metres north-west of that kerb-line;  
ii. Leucha Road E17, between the south-western kerb-line of St James Street and a point 2 metres south-west of that kerb-line;

(b) no person shall cause or permit any vehicle other than buses to enter or proceed in, for any purpose, at any time, that section of Albert Crescent E4, which lies between the south-western kerb-line of Cherrydown Avenue and a point 2 metres south-west of that kerb-line

3. Whilst the prohibitions referred to in paragraph 2(b) above remain in force, alternative routes for traffic will be indicated by traffic signs.

4. The restrictions mentioned above will not apply in relation to any vehicle being used -

(a) in connection with the said works; or  
(b) for ambulance, fire brigade or police purposes in an emergency, if the works allow.

5. The Order will come into force on 21st March 2011 and will be valid for a maximum period of 3 months or until the works are completed, whichever is the sooner.

### Dated 21st March 2011

**Mr. K. Valavan, Head of Highways and Infrastructure, Public Realm, Low Hall, Argall Avenue, London, E10 7AS**

### LONDON BOROUGH OF WALTHAM FOREST PROPOSED INTRODUCTION OF WAITING AND LOADING RESTRICTIONS – VARIOUS ROADS PROPOSED PELICAN CROSSING – FRIDAY HILL PROPOSED ZEBRA CROSSING – MARKHOUSE ROAD The Waltham Forest (Waiting and Loading Restrictions) (Amendment No. \*) Order 20\*\* T15

1. NOTICE IS HEREBY GIVEN that the Council of the London Borough of Waltham Forest propose to make the above-mentioned Order and introduce pedestrian crossings under sections 6, 23 and 124 of and Part IV of Schedule 9 to the Road Traffic Regulation Act 1984, as amended.

2. The general effect of the Order in relation to the waiting and loading restrictions would be to:-

(a) introduce waiting restrictions operating "at any time" at the following junctions:-

- Beresford Road and Brookscroft Road E17;

- Brookscroft Road and Roberts Road E17;

- Friday Hill East and Normanton Park E4; and

- Friday Hill West and Wittenham Way E4.

3. The general effect of the proposals in relation to pedestrian crossings would be to:-

(a) introduce a pelican crossing into a section of Friday Hill. The centre of the crossing would be located between Nos. 56 and 58 Friday Hill East and the zig zags would extend between the southern kerb-line of Normanton Park and the common boundary of Nos. 52 and 54 Friday Hill East;

(b) introduce a zebra crossing into a section of Markhouse Road. The centre of the crossing would be located outside of No. 152 Markhouse Road and the zig zags would between a point 5 metres north of the northern boundary of Nos. 144 and 146 Markhouse Road and a point 2 metres north of the southern boundary of No 158 Markhouse Road.

4. Copies of the Order, the Council's statement of reasons for proposing to make the Order and of plans showing the locations and effects of the proposals and Order can be inspected during normal office hours on Mondays to Fridays inclusive until the end of a period of 6 weeks from the date on which the Order is made or the Council decides not to

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make the Order, at (a) The Information Desk, Town Hall, Forest Road, Walthamstow, E17; (b) The Waltham Forest Direct Shop, 265 Chingford Mount Road, Chingford, E4 8LP; and (c) The Reception Desk, The London Borough of Waltham Forest, Low Hall, Argall Avenue, London, E10 7AS.

5. Any person desiring to object to the proposed Order, or the proposed crossings, or to make any other representation should send a statement in writing of either their objection and the grounds thereof or of their representation to Traffic Orders, Engineering Design, Low Hall, Argall Avenue, London, E10 7AS by the end of a period of 21 days from the date on which this Notice is published. All objections must specify the grounds on which they are made.

For more information please telephone 020 8496 3000 quoting reference 2011T15

**Dated 21st March 2011**

**Mr. K. Valavan, Head of Highways and Infrastructure, Public Realm, Low Hall, Argall Avenue, London, E10 7AS**

## LONDON BOROUGH OF WALTHAM FOREST NOTICE OF CHANGES TO ADDITIONAL PARKING CHARGES T16

1. NOTICE IS HEREBY GIVEN that the Council of the London Borough of Waltham Forest, following approval given by the London Councils Transport and Environment Committee, the Mayor of London and Secretary of State for Transport, will amend certain additional Parking Charges relating to the enforcement of parking contraventions in the Borough.

2. The new charges, which will come into effect on the 15th April 2011, are set out as follows:

Parking penalties at the higher rate for Penalty Charge Notices will increase by £10 to:

- £130 (Band A) reduced to £65 if paid within 14 days from the date of issue of the Penalty Charge Notice, this relates to all roads within the Borough that lie south of the North Circular Road including parking penalties for all roads located between Crownfield and Cann Hall Roads and the Borough boundary with the London Borough of Newham, which will be converted from Band B to Band A;

- £110 (Band B) reduced to £55 if paid within 14 days from the date of issue of the Penalty Charge Notice, this relates to all roads within the Borough that lie north of the North Circular Road .

Parking penalties at the lower rate for Penalty Charge Notices will remain the same:

- £80 (Band A) reduced to £65 if paid within 14 days from the date of issue of the Penalty Charge Notice, this relates to all roads within the Borough that lie south of the North Circular Road including parking penalties for all roads located between Crownfield and Cann Hall Roads and the Borough boundary with the London Borough of Newham, which will be converted from Band B to Band A ;

- £60 (Band B) reduced to £55 if paid within 14 days from the date of issue of the Penalty Charge Notice, this relates to all roads within the Borough that lie north of the North Circular Road .

A full list of contraventions at each rate can be found at [www.londoncouncils.gov.uk/parking](http://www.londoncouncils.gov.uk/parking).

The following contraventions will also increase by £10:

- Penalty for contraventions of bus lane regulations - £130
- Penalty for a moving traffic contravention - £130

All other additional parking charges remain the same. Briefly, they are: £70 to release from clamp; £200 to release from pound; £40 storage (per day); £70 disposal.

3. If you have any queries regarding these changes, please telephone 020 8496 3000 or email [parking.services@walthamforest.gov.uk](mailto:parking.services@walthamforest.gov.uk).

**Dated 21st March 2011**

**Mr. K. Valavan, Head of Highways and Infrastructure, Public Realm, Low Hall, Argall Avenue, London, E10 7AS**

## LONDON BOROUGH OF WALTHAM FOREST ROAD TRAFFIC REGULATION ACT 1984 - SECTION 14(1) THE WALTHAM FOREST (BRIDGE REPLACEMENT WORKS) (TEMPORARY PROHIBITION OF TRAFFIC AND RESTRICTION ON WAITING AND LOADING) ORDER 2011 TT18

1. The Council of the London Borough of Waltham Forest HEREBY GIVES NOTICE that it intends making an Order to allow bridge replacement works to be carried out in a safe and efficient manner in certain roads, the general effect of which would be, only at such times and to such extent as regulatory signs are displayed, to prohibit vehicles (except works vehicles) from certain sections of roads and restrict waiting and loading by vehicles (except works vehicles) in certain other sections of roads.

2. Whilst the works are being carried out,
  - (a) no person shall cause or permit any vehicle to wait or load for any purpose, at any time, in those sections of:
    - i. Pevensey Road, E7, between the north-eastern kerb-line of Winchelsea Road and a point 32 metres north-east of that kerb-line;
    - ii. Sheridan Road E7, the north-west side, between the western kerb-line of Thorpe Road and a point 75 metres north-west of that kerb-line;
    - iii. Skeltons Lane, E10, between the north-eastern kerb-line of Hopkins Road and a point 15 metres north-east of that kerb-line;
    - iv. Station Road E7, the north-east side, between the south-eastern kerb-line of Vansittart Road and a point 42 metres south-east of the eastern kerb-line of Talbot Road;
    - v. Thorpe Road, E7, between the north-western kerb-line of Sheridan Road and a point 32 metres north-west of that kerb-line;
    - vi. Vansittart, E7, between the north-eastern kerb-line of Station Road and a point 35 metres north-east of that kerb-line;
    - vii. Winchelsea Road E7, the north-east side between its north-westernmost extremity and north-western kerb-line of Vansittart Road.

(b) no person shall cause or permit any vehicle to enter, for any purpose, at any time, the following sections of roads:-

- i. Pevensey Road, E7, between the north-eastern kerb-line of Winchelsea Road and a point 32 metres north-east of that kerb-line;

- ii. Skeltons Lane, E10, between the north-eastern kerb-line of Hopkins Road and a point 15 metres north-east of that kerb-line;

- iii. Thorpe Road, E7, between the north-eastern kerb-line of Sheridan Road and a point 32 metres north-east of that kerb-line;

- iv. Vansittart, E7, between the north-eastern kerb-line of Station Road and a point 35 metres north-east of that kerb-line;

(c) the existing one way traffic operations in Pevensey Road, Thorpe Road and Vansittart Road shall be suspended.

3. Whilst the prohibitions referred to in paragraph 2(b) above remain in force, alternative routes for traffic would be indicated by traffic signs.

4. Vehicles waiting or loading in disregard of this Order would be removed.

5. The restrictions mentioned above would not apply in relation to any vehicle being used -
  - (a) in connection with the said works; or
  - (b) for ambulance, fire brigade or police purposes in an emergency, if the works allow.

6. The Order would come into operation on 12th April 2011 and would be valid for a maximum period of 6 months or until the works are completed, whichever is the sooner.

**Dated 21st March 2011**

**Mr. K. Valavan, Head of Highways and Infrastructure, Public Realm, Low Hall, Argall Avenue, London, E10 7AS**

## Planning

### LONDON BOROUGH OF WALTHAM FOREST TOWN & COUNTRY PLANNING (GENERAL DEVELOPMENT PROCEDURE) ORDER 1995 - NOTICE UNDER ARTICLE 8

NOTICE IS HEREBY GIVEN that the following application for planning permission has been made to the Council for which additional publicity is required.

**APPL.NO** 2011/0275

**APPLICANT** Peugeot Motor Company PLC

**ADDRESS** Car Park Opposite Dog Stadium, 457 Chingford Road, Chingford, E4

**PROPOSAL** Erection of vehicle showroom, retail parts distribution centre, vehicle workshops and valet servicing/MOT facilities with associated landscaping, new access from Walthamstow Avenue and closure of access opposite Empress Avenue.

**APPL.NO** 2011/0246

**APPLICANT** CBHA

**ADDRESS** Indian Muslim Federation Hall, 40 Trinity Close Leytonstone, London E11 4RP

**PROPOSAL** Demolition of existing buildings and re-positioning of sub-station. Erection of 3-5 storey block to provide 37 self-contained flats (10x1, 17x2 and 10x3). Provision for new community centre.

**APPL.NO** 2011/0278

**APPLICANT** HCT Group

**ADDRESS** Car Park Opposite Dog Stadium, 457 Chingford Road, Chingford, E4

**PROPOSAL** Use of rear half of site for Coach/Bus depot for 64 buses/coaches and 38 mini buses with associated, plant storage facility, ancillary office and associated landscaping and formation of access from Walthamstow Avenue Roundabout.

The application is open to inspection by the Public at the offices of the Development Management, Sycamore House, Town Hall Complex, Forest Road, London E17 4JF between the hours of 9.00a.m. - 5.00p.m. Monday to Friday. Any representations relating to the application should be made in writing to the Planning Division within 21 days of the date of this Notice.

**Dated this day 21st March 2011**

**David Scourfield – Head of Development Management on Behalf of London Borough of Waltham Forest**

## THE MARRIAGES AND CIVIL PARTNERSHIPS (APPROVED PREMISES) REGULATIONS 2005 NOTICE OF APPLICATION FOR PREMISES TO BE APPROVED AS A VENUE FOR CIVIL MARRIAGES AND CIVIL PARTNERSHIPS

I, Deborah Ann Barker, Facilities Manager, Waltham Forest Of Waltham Forest Town Hall, Forest Road Walthamstow, London E17 4JF

1. HEREBY GIVE NOTICE that I have made application to the Council of the London Borough of Waltham Forest under the provisions of the Marriages and Civil Partnerships (Approved Premises) Regulations 2005 for the premises

known as The Town Hall, Walthamstow, London E17 4JF ("the premises") to be approved for the solemnization of marriages in pursuance of Section 26(1)(bb) of the Marriage Act 1949 and the registration of civil partnerships in pursuance of section 6(3A)(a) of the Civil Partnership Act 2004.

2. The Marriages and Civil Partnerships (Approved Premises) Regulations 2005 state that premises can be approved by the Council if, in their opinion, and amongst other things:

i) They are seemly, dignified and regularly available for civil marriages and civil partnerships;

ii) They have adequate fire precautions and other appropriate safety precautions; and,

iii) They are not used solely or mainly for religious purposes and have no recent or continuing use for religious purposes, which is incompatible with the use of the premises as a venue for civil marriages and civil partnerships.

3. Full details of the conditions and a copy of the Application and the plan of the premises may be inspected at the offices of the Director of Governance and Law at Town Hall, Forest Road, Walthamstow, London E17 4JA during normal office hours.

4. Any person wishing to object to the grant of approval may do so by giving notice in writing, with reasons for the objection to the Director of Governance and Law at Town Hall, Forest Road, Walthamstow, London E17 4JA, and which must be received within twenty-one days of the date of this publication.

## Council Tax

### LONDON BOROUGH OF WALTHAM FOREST Notice of Setting of Amount of Council Tax

The Council of the London Borough of Waltham Forest as the billing authority for the said borough, GIVES NOTICE, that on 8 March 2011 and in accordance with section 30 (2) of the Local Government Finance Act 1992 it set out an amount of £1,462.03 as the Council Tax for its area which is applicable to dwellings listed in Band D for the chargeable financial year beginning 1 April 2011.

In accordance with section 5 of the Local Government Finance Act 1992 the amount of Council Tax payable in respect of dwellings situated in the borough and listed in different valuation bands is calculated as below:

Band	Range of Value	Council Tax
A	Up to £40,000	£974.69
B	£ 40,001 - £ 52,000	£1,137.13
C	£ 52,001 - £ 68,000	£1,299.58
D	£ 68,001 - £ 88,000	£1,462.03
E	£ 88,001 - £120,000	£1,786.93
F	£120,001 - £160,000	£2,111.82
G	£160,001 - £320,000	£2,436.72
H	£320,001 and above	£2,924.06

Information about ways to pay Council Tax can be found on the Council's web site [www.walthamforest.gov.uk/counciltax](http://www.walthamforest.gov.uk/counciltax)

## Waltham Forest News advertising

**Did you know Waltham Forest News has a circulation of 110,000 - Advertising has never been so effective!**

**For further information on the different advertising opportunities available please call 020 8496 3000 (press option 6) and ask for Eva Jaber or email: [advertisingwfn@walthamforest.gov.uk](mailto:advertisingwfn@walthamforest.gov.uk)**

## Recruitment

Waltham Forest Community Learning and Skills Service is the local authority's direct provider of adult education and work-based training. We are looking to appoint experienced, enthusiastic and committed individuals to the following posts:

### PART-TIME LECTURERS

Ref: CLaSS/PTL/CA

Hours available range from 2 hours a week upwards, including evening and weekends – (Equivalent hourly rate £20.43 – £28.51) Pro rata salary £19,267.00 - £26,888.00

CLaSS has vacancies in the following subject areas. Please note that since September 2007, all staff new to teaching in the post-16 sector are required to pass the Certificate in Preparing to Teach in the Lifelong Learning Sector (PTTLLS) within their first year of teaching. This training is offered free to all CLaSS staff.

Argentine Tango	Electrolysis	Literacy (evenings + weekends)
Ballet	ESOL (evenings + weekends)	Numeracy (evenings + weekends)
Ballroom	Family History – researching using the internet (evenings + weekends)	Payroll
Beauty Therapy	Family Numeracy (day-time)	Pilates
Book-keeping	First Aid (day-time)	PTTLLS
British Sign Language	Floristry	Retail
Business Administration	Guitar	Salsa
Business Finance	Health and Social Care	Singing
Childcare	Health and Safety (day-time)	Spanish
Computerized Accounts	ICT (evenings + weekends)	Sports
Cookery (evenings)	Keyboard	Teaching Assistants
Counselling – Level 2 + 3	Keep Fit – pre and post natal	Team Leading
Customer Service	Laughter Yoga	Turkish
Dance	Law	Wax and Sugar Depilation

### QUALIFIED ASSESSORS

Teaching Assistant and Business qualifications

Hours available range from 2 hours a week upwards, including evenings and weekends – (Actual hourly rate £20.43) working as part of a team

Qualified Assessors with A1 qualifications or equivalent, with occupational competence to assess Teaching Assistant qualifications

### LECTURER WITH ADDITIONAL RESPONSIBILITIES 0.5

Lecturer Scale point 9-14 £27,979.00 - £33,414.00 pro-rata (including London Weighting)

Complementary Therapies, Beauty and Counselling (0.5)

We are looking for an experienced, well-qualified, committed person to take on a senior lecturer role involving a range of duties, including full teaching duties, assessing and internal verifying, in addition to supporting the delivery and quality improvement of the programme, within the above area of expertise, to meet national standards.

Closing Date – Monday 11th April 2011 at 12:00 noon.

Interviews for Lecturers/Assessors will be held throughout April / May 2011

For an application form and further details please visit our website at [www.walthamforest.gov.uk/jobs](http://www.walthamforest.gov.uk/jobs) Alternatively, you can contact 020 8521 2212 or write to CLaSS, Central Administration Team, Chestnuts House, 398 Hoe Street, Walthamstow, London, E17 9AA.

Applications must be sent to the above address or emailed to [Janice.mcgill@walthamforest.gov.uk](mailto:Janice.mcgill@walthamforest.gov.uk)

"It's an exciting time for the London Borough of Waltham Forest. We have made rapid progress over a short period of time. We are better run and services are improving. We are an ambitious Council that knows what needs to be done to continue our journey of improvement. We want staff eager for a challenge who want to be part of a successful Council. Come and work for us and contribute to developing and delivering improving services."



I'm filling in my census because it means more money for Waltham Forest

## The 2011 Census will be sent to you in March

- The Census is completely confidential. All personal information is protected by law for 100 years
- The Census should be completed by every resident
- The Census can be completed online or on paper
- The Census underpins funding for your council and the services it provides to you
- For more information about the Census please visit: [www.census.gov.uk](http://www.census.gov.uk) or phone the Census helpline on 0300 0201 101 (charged at local rate)

Make the 2011 Census count for our borough – fill in your form as soon as you receive it.



# Advertising

**Register  
to vote by**



**Something big is happening**

**5 May - Referendum on the voting system used to elect  
MPs to the House of Commons**

**Visit [aboutmyvote.co.uk](http://aboutmyvote.co.uk) or call 0800 3 280 280**



The  
Electoral  
Commission

## Short Break carers

A little time from you -  
a huge benefit for a child



**Want to do something great this year?**

You could be a Short Break Carer for a disabled child.

A Short Break Carer is someone who looks after a disabled child for short periods of time on a regular basis. Just a few hours can make a big difference to some disabled children and their families.

A short break can give a disabled child the opportunity to make new friends, try new activities and gain independence.

It gives the families of disabled children a well earned rest from full time caring, lets them get out for the evening, spend time with their other children or just put their feet up.

You get to have fun and the satisfaction of knowing that you are making a difference to a disabled child and their family. All we ask is that you enjoy looking after children and you are able to give some time on a regular basis. We will give you support, training and a regular allowance.

To find out more call **020 8496 3000** and ask for the Fostering Assessment Team or email:  
[janice.davies@walthamforest.gov.uk](mailto:janice.davies@walthamforest.gov.uk)

[www.walthamforest.gov.uk/adoptandfoster](http://www.walthamforest.gov.uk/adoptandfoster)

To find out more come along to meet  
social workers and foster carers at our  
information session on

**Monday 28 March**

**at: Waltham Forest Town Hall  
(Room 3), Forest Road, Walthamstow  
E17 4JF (6.30pm-8.30pm)**

**to request an information pack call  
020 8496 3000**

**or to speak to the  
Fostering Team directly call:**

**020 8496 2479  
(9am-5pm Mon-Fri)**



**Waltham Forest**

# Improving safety

Safety is one of your top priorities, so we are continuing to pay for the ten additional police officers we put in place a few years ago, as well as giving the Metropolitan Police £500,000 per year to secure 16 extra police officers for the borough.

We are also investing £350,000 per year in an innovative new anti-gang scheme.

Our gang work will focus on preventing young people being drawn into gang life, and on helping the police clamp down hard on those involved.

This work will bring together experts from the Council, the police and the local community in order to combat the root causes of gang activity as

well as those involved in gang life. We will be working not only with gang members, but also their families to tackle their specific issues. In addition to this we will support the police in their work to crack down on crime and bring offenders to justice.

Having highlighted the shortfall of permanent police officers in the borough we will continue to fight for a fair deal for our residents and support our hard-working local police as they do their best to make Waltham Forest a safer place.

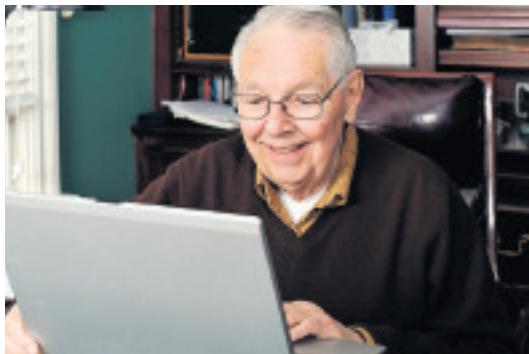


Photo above: Hamaiz and Imani, Walthamstow, E17

# Protecting the most vulnerable

We will continue to provide the borough's vulnerable residents with the services and support they need. Almost two thirds of the Council's budget is spent on social care for children and adults.

We have put an extra £5million per year into the adult social care



budget to help cope with the increasing demand for social care services for our ageing population to help meet their growing needs.

Given our financial situation savings from social care budgets are unavoidable, but where we can we are delivering services differently and taking them back to basics so that the most vulnerable still get the help they need.

For example, our youth support service will become more targeted so that it concentrates on helping the most vulnerable young people in the borough.

We are also making some general

investments in this area with an extra £150,000 per year to provide free activities for under 17's and over 60's, and £200,000 per year to expand on school activities over the summer.

Waltham Forest also recently took the Government to court about their decision to scrap over £275 million of planned investment in secondary schools. Our challenge was successful, but the Minister of Education still may decide not to go ahead with the much needed improvements. We will keep you updated on our continued work to secure the funding.

## CONTACT US

If you would like more information please contact us • Phone: 020 8496 3000  
• Email: [consultation@walthamforest.gov.uk](mailto:consultation@walthamforest.gov.uk) • Visit: [www.walthamforest.gov.uk/makeitcount](http://www.walthamforest.gov.uk/makeitcount)

# Making every penny count

We know it has never been more important to make sure every penny of Council money is spent wisely. We have already reviewed our support services and reduced them by 50 per cent, as well as

looking at staff pay and councillors allowances.

Recent saving schemes include launching a review of staff terms and conditions to save £3-4million over the next two years, as well

as having discussions with other councils to share services.

You can read more about just some of the steps we have taken to make every penny count at [www.walthamforest.gov.uk/makeitcount](http://www.walthamforest.gov.uk/makeitcount)



Photo above: Pamela, Chingford, E4

## Your savings ideas

Here are some of your money saving ideas, a fuller list can be found at [www.walthamforest.gov.uk/makeitcount](http://www.walthamforest.gov.uk/makeitcount)

### **Why can't you reduce the number of managers in the Council, reduce staff pay and reduce councillor allowances?**

So far the number of Cabinet members has reduced from ten members to eight, councillors' pay has been cut by five per cent – saving £372,000 and we have reduced the salary of the Chief Executive by ten per cent. Council staff have had their pay frozen and £1.1million is being saved on the cost of senior managers.

### **Turn off the fountain outside the Town Hall**

We also thought this was an idea worth investigating, however we discovered the costs to make the fountain safe would offset any savings from switching it off.

### **Negotiate lower running costs for legal, financial and utility services**

We are investigating ways of securing best value for our energy contracts, and there is potential for new contractual arrangements in October 2011. We are also investigating sharing legal services with Haringey Council.

**If you have an idea that you think could save us money please continue to send us your suggestions, email: [consultation@walthamforest.gov.uk](mailto:consultation@walthamforest.gov.uk)**

# The Council's budget

## **The Council's budget 2011-12**

In order to set a legal budget, savings of £29million have been agreed for 2011-12; however council tax for 2011-12 will remain the same. Savings worth £16million in 2012-13 have also been agreed.

The savings will mostly be achieved by delivering services differently, being more efficient and working with other councils, but in some cases it will mean stopping services altogether.

Where we have had to cut services we have made sure that the money

we continue to spend is focussed on the things residents have told us are most important.

The Council is also facing the same pressures as residents, with rising costs and inflation, low interest rates and changes to the tax system all reducing the budget we have available.

Despite these challenges an extra £2million per year will be invested into services that residents tell us are important, along with £5million into adult social care.

The Council budget was agreed on



Tuesday 8 March and you will find full details about the budget and how it might affect services on pages two and three of this edition of Waltham Forest News.

We will continue to talk directly to you about the challenges we face.

For further information on the budget and what it will mean in 2011-12 please visit [www.walthamforest.gov.uk/budget-2011-12](http://www.walthamforest.gov.uk/budget-2011-12)

## **CONTACT US**

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• **Email:** [consultation@walthamforest.gov.uk](mailto:consultation@walthamforest.gov.uk) • **Visit:** [www.walthamforest.gov.uk/makeitcount](http://www.walthamforest.gov.uk/makeitcount)